

DRISHTEE Immersion



A unique 3-week India Immersion program

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As guests of a rural community, you will become villagers, to participate in everyday life to see, feel & impact their real needs

We are a not-forprofit social business that believes in the transformational potential of empathy

Our expert team will guide you through our unique methods designed to evolve community empathy towards positive social impacts

Empathy based approach



Using unique **applied empathy methods** you will take part in a series of workshops with tools to foster new perspectives of people vastly different to you.

Deep indigenous knowledge

Develop an understanding to **authentic Indian knowledge, methods and culture** which will transform your world view and mindset.

Community co-creation&impact

Empowering community is essential to our approach, **working hand-in-hand with community partners every step of the way**. Supporting positive actions in the community, with all methods encouraging **empathy towards action** you will create new shared understanding for positive social impact.

Cross-cultural communication

Discover how to interact with others through communication methods **embodying cultural respect**. You will also enjoy learning phrases of the local language to better communicate whilst being supported by our translators.

Resilience

Methods and peer mentors to support your wellbeing and expert-led mindfulness training to **develop self-awareness** and resilience to the challenges of sustainable development.

Your work provides the foundation for real positive impacts in villages

village community organisations & Drishtee local teams continue developing projects towards implementation

ARE YOU READY TO CHALLENGE YOUR PERCEPTION OF THE WORLD?

APPLY NOW! www.drishteeimmersion.com

Program Deta

Length:	21 days
Dates:	16 November - 6 December 2019
	3 February - 23 February 2020
Location:	Nashik region, Maharashtra, India
Cost:	\$3000

Whats included:

- Pre-departure preparation session & language class
- Airport transfers & all land transportation within India
- City & village accommodation
- Three meals daily featuring delicious local cuisine
- Expert-led topical method workshops
- Expert-led yoga mindfulness classes
- Expeditions to regional sites
- Small personalised groups (max 9 students)
- 10% of program fee supports village social impact projects

Whats not included:

- International flight
- India visa
- Insurance
- Personal items

APPLY NOW!

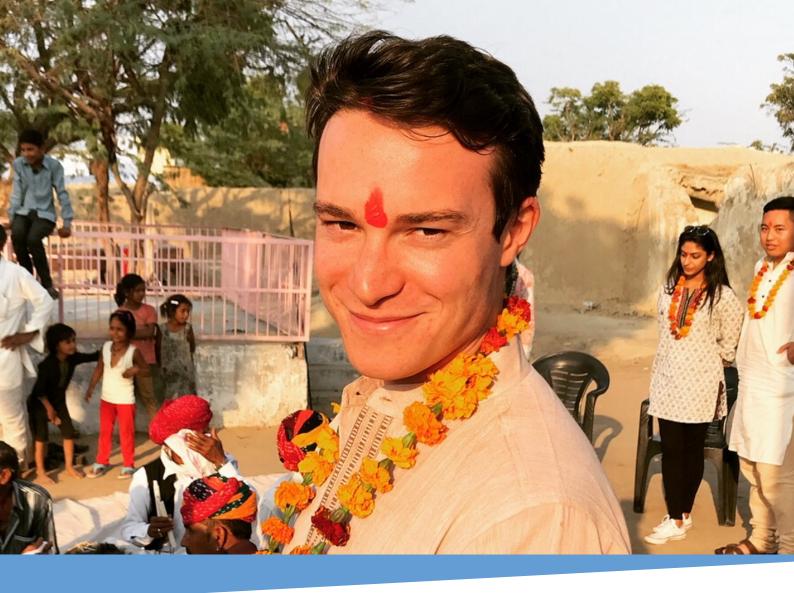
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Participant perspective: Matthew Byers UTS, Bachelor of Communications and Social Political Sciences

"One of the things that has stayed with me from my experience is the creative power of empathy. Too often we focus on the problems, pain points and limitations of a system, and I think it is really hard to create a positive intervention when coming from a negative mind-frame. Being able to understand a situation through the eyes of someone else takes the pressure off you to play the role of the "problem solver" and allows you to contribute something that can be sustained by the dreams, ambitions and successes of the community itself."



Participant perspective: Bilqis Kencana UTS, Bachelor of Nursing

"My Immersion experience has unconsciously changed my perspectives about the world. Being able to share raw, genuine connections with people from other countries, despite the language and cultural barrier, has shown me that empathy is absolutely fundamental to understanding others. Even now I am constantly surprised how much of a difference it makes! Empathy is such an important aspect of our everyday lives and learning how to use this skill as an innovative process is something I will cherish and pursue as a future registered nurse."



Participant perspective: Molly Bowers UNSW, Bachelor of Commerce/Arts

"In such a short amount of time I made such deep connections with people that transcended cultural and language barriers - it was a truly powerful experience. It really is a completely different world in India - the things that you see, the people that you meet, foods that you eat. Most striking is the genuine hospitality of people and how completely different their daily lives are to mine. It was so eye opening! These experiences have changed how I see my own life."



Participant perspective: Maia Sternberg UTS, Bachelor of Business

"Drishtee Immersion is a truly transformative and life changing experience. It is a fantastic opportunity to apply oneself and ones knowledge into a new cultural context and open never-beforediscovered dimensions to your persona. To grow and learn through meaningful connection with people and culture. It is transformative in that I developed a new framework for intercultural, behavioural and interpersonal relations that I found directly applicable to my degree studies and life in general."

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