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A unique 3-week India Immersion program

As guests of a rural
community, you will
become villagers, to
participate in
everyday life to see,
feel & impact their
real needs

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We are a not-for-profit social business that believes in the transformational potential of empathy

Our expert team will guide you through our unique methods designed to evolve community empathy towards positive social impacts

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Empathy based approach



Using unique **applied empathy methods** you will take part in a series of workshops with tools to foster new perspectives of people vastly different to you.

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Deep indigenous knowledge



Develop an understanding to **authentic Indian knowledge, methods and culture** which will transform your world view and mindset.

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Community co-creation & impact



Empowering community is essential to our approach, **working hand-in-hand with community partners every step of the way.** Supporting positive actions in the community, with all methods encouraging **empathy towards action** you will create new shared understanding for positive social impact.

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Cross-cultural communication

A photograph of a man and a woman in conversation. The man, on the left, has a red tilak on his forehead and is wearing a light blue button-down shirt. The woman, on the right, is wearing a patterned headscarf and a grey patterned top. They are both smiling and looking at each other. The background is a blurred green landscape.

Discover how to interact with others through communication methods **embodying cultural respect**. You will also enjoy learning phrases of the local language to better communicate whilst being supported by our translators.

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Resilience



Methods and peer mentors to support your wellbeing and expert-led mindfulness training to **develop self-awareness** and resilience to the challenges of sustainable development.

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Your work provides
the foundation
for real positive
impacts in villages

village community
organisations &
Drishtee local teams
continue developing
projects towards
implementation

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ARE YOU READY TO
CHALLENGE YOUR
PERCEPTION OF THE
WORLD?

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APPLY NOW!

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Program Details

Length: 21 days

Dates: 16 November - 6 December 2019
3 February - 23 February 2020

Location: Nashik region, Maharashtra, India

Cost: \$3000

Whats included:


- Pre-departure preparation session & language class
- Airport transfers & all land transportation within India
- City & village accommodation
- Three meals daily featuring delicious local cuisine
- Expert-led topical method workshops
- Expert-led yoga mindfulness classes
- Expeditions to regional sites
- Small personalised groups (max 9 students)
- 10% of program fee supports village social impact projects

Whats not included:

- International flight
- India visa
- Insurance
- Personal items

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Participant perspective:

Matthew Byers UTS, Bachelor of
Communications and
Social Political Sciences

"One of the things that has stayed with me from my experience is the creative power of empathy. Too often we focus on the problems, pain points and limitations of a system, and I think it is really hard to create a positive intervention when coming from a negative mind-frame. Being able to understand a situation through the eyes of someone else takes the pressure off you to play the role of the "problem solver" and allows you to contribute something that can be sustained by the dreams, ambitions and successes of the community itself."



Participant perspective: Bilqis Kencana **UTS, Bachelor of Nursing**

"My Immersion experience has unconsciously changed my perspectives about the world. Being able to share raw, genuine connections with people from other countries, despite the language and cultural barrier, has shown me that empathy is absolutely fundamental to understanding others. Even now I am constantly surprised how much of a difference it makes! Empathy is such an important aspect of our everyday lives and learning how to use this skill as an innovative process is something I will cherish and pursue as a future registered nurse."



Participant perspective: Molly Bowers

UNSW, Bachelor of
Commerce/Arts

“In such a short amount of time I made such deep connections with people that transcended cultural and language barriers - it was a truly powerful experience. It really is a completely different world in India - the things that you see, the people that you meet, foods that you eat. Most striking is the genuine hospitality of people and how completely different their daily lives are to mine. It was so eye opening! These experiences have changed how I see my own life.”



Participant perspective: **Maia Sternberg** UTS, Bachelor of Business

“Drishtee Immersion is a truly transformative and life changing experience. It is a fantastic opportunity to apply oneself and ones knowledge into a new cultural context and open never-before-discovered dimensions to your persona. To grow and learn through meaningful connection with people and culture. It is transformative in that I developed a new framework for intercultural, behavioural and interpersonal relations that I found directly applicable to my degree studies and life in general.”

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