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THINGS TO KNOW ABOUT THE CAMPUS

Teaching Rooms and Open Spaces

Basic rules of cleanliness and discretion must be observed at all times.

At times, part of the campus may be allocated to specific programs. During such periods, students from other programs will not be allowed to use those open areas reserved for break-out sessions.

Bookings of facilities & videoconferencing

- Booking requests have to be sent to bookings.apac@essec.edu at least 5 working days in advance.
- · Indicate name of requester, program you are attending, reason for booking, date and time.
- Bookings are normally considered for 9am to 6pm on normal working days.
- After-office hours and non-working days will be considered case-by case basis.
- Please call 59700 during Saturdays (this can be dialed using the phone inside the break-out room) to ask for switching on the air-con in the break out rooms)
- The breakouts rooms on level 4 (1, 3, 4 & 5) are opened and do not require any booking on weekdays from 8 am to 8pm.

Photocopiers - Printers

Please note that students are only to use the designated printers on level 4. All other printers are off-limits to students. Please report any problem with this machine to the IT team (call 59702).

Lost and Found

All found objects are to be brought to security.

Report your lost items and check if the items have been found.

To facilitate safe return of your belongings in event of loss, put your name on them.

Learning Centre (4th Level)

Opens at 10:00am to 7:00pm from Mondays to Fridays.

Dining Hall (5th Level)

Opens at 8:30am to 4:30pm from Mondays to Fridays.

STUDENT LIFE

The BDE -Student Council, BDS -Sports Council and BDA-Arts Council, work together to make sure each and every student at ESSEC Asia- Pacific has the best experience possible. The Councils are to provide you with a rich experience life outside of lectures, socialize and connect with each other, making a difference for yourselves and the wider world, and accessing the support you need. From campaigning, to joining societies and clubs and all your other needs outside academia, the BDE is your community.



Join one of the student Clubs or Associations:

Club/Association name	Contacts	Email address
Dance Association	Katherine Chu	b00716949@essec.edu
ESSEC Digital Club	Vaibhav Jain	b00721111@essec.edu
	Pranaay Gupta	b00719082@essec.edu
EESEC Marketing Association	Vaibhav Jain	b00721111@essec.edu
Namaste	Sravya Malineni	b00692514@essec.edu
	Smriti Marwah	b00694369@essec.edu
Let's debate!	Sravya Malineni	b00692514@essec.edu
Pitch 60!	Gauthier Benoist	b00717691@essec.edu
Consulting Association	Gauthier Benoist	b00717691@essec.edu
	Himanshu Pundhir	b00723359@essec.edu
Meditation	Gauthier Benoist	b00717691@essec.edu
PIES Indonesian Culture Association	Rhandy Prawiro	b00701813@essec.edu

FITNESS FACILITIES

Gyms





Fitness First @ Fusionopolis

Located on the 23rd - 25th stories of the iconic and distinctive Fusionopolis, members can indulge in floor-to-ceiling panoramic 360 degree views while working out.

Opening hours: Monday - Friday | 6:00am - 10:00pm, Saturday | 7:00am - 7:00pm Sunday & PH | 8:00am - 6:00pm

Address: 1 Fusionopolis Way, #23-11 & #24-00, Connexis (North Tower), Singapore 138632 Visit https://www.fitnessfirst.com.sg/clubs/fusionopolis for more information.





GYMMBOXX @ Bishan Community Centre

SGD5 - SGD7 per entry or sign up for a membership.

Opening hours: 24/7

Address: 51 Bishan St 13, #04-01/02, Bishan Community Centre, Singapore 579799

Visit http://www.gymmboxx.com for more information.

SPORTS COMPLEX

Clementi Stadium



Free entry from 4:30am - 8:30pm

Address: 10 W Coast Walk, Singapore 127156

Getting here from ESSEC Asia-Pacific: Walk to the bus stop opposite Anglo-Chinese Junior College (bus stop no. 18149) and take bus 198. Alight 5 stops later at Clementi Stadium. Walk approximately 184m to the Clementi Swimming Complex.

Clementi Swimming Complex



Facilities include one conventional 50-meter swimming pool and one 50-metre competition pool.

Opening hours: Mondays | 2:30pm - 9:30pm,

Tuesday - Sunday & PH | 8:00am - 9:30pm

Address: 520 Clementi Ave 3, Singapore 129908

Getting here from ESSEC Asia-Pacific: Walk to the bus stop opposite Anglo-Chinese JC (bus stop no. 18149) and take bus 198. Alight 5 stops later at Clementi Stadium. Walk approximately 235m to the Clementi Swimming Complex.

Per Entry		Weekdays	Weekends & PH
Singapore Citizen/ Permanent resident	Adult (18-54 years old)	\$1.00	\$1.30
	Student/Senior (Under 18 and over 55 years old)	so.50	\$0.60
Standard Rate	All Ages	\$1.30	\$1.70

Clementi Sports Centre

A wide variety of courses are offered at the Clementi Sports Centre. For more information, visit https://www.myactivesg.com/about-activesg/activesg-programmes.

Opening hours: Everyday | 7:00am - 10:00pm Address: 518 Clementi Ave 3, Singapore 129907

Getting here from ESSEC Asia-Pacific: Walk to the bus stop opposite Anglo-Chinese JC (bus stop no. 18149) and take bus 198. Alight 5 stops later at Clementi Stadium. Walk approximately 174m to the Clementi Sports Centre.

		Non Peak Hours	Peak Hours
Sports	Per Hour per court/table	Mon to Fri	Mon to Fri 6Pm to 10Pm
		7Am to 6Pm	Sat, Sun & PH from 7Am to 10Pm
Badminton	Singapore Citizen/ permanent Resident	\$3.30	\$7.40
	Standard Rate	\$4.60	\$9.70
Table Tennis	Singapore Citizen/ permanent Resident	\$1.50	\$3.20
	Standard Rate	\$2.00	\$4.20

Clementi ActiveGYM



Opening hours: Monday, Wednesday & Friday | 7:00am - 10:00pm,

Tuesday & Thursday | 8:30am - 10:00pm, Saturday | 8:30am - 8:00pm,

Sunday | 9:00am - 8:00pm, PH | 9:00am - 5:00pm **Address:** 518 Clementi Avenue 3, Singapore 129907

Per Entry		
Simulation (B)	Adult (18-54 years old)	\$2.50
Singapore Citizen/Permanent resident	Student/Senior (Under 18 and over 55 years old)	\$1.50
Standard Rate	All Ages	\$3.30

FREE WEEKLY WORKOUTS @ STAR VISTA

Monday - Kickboxing



Wednesday - Piloxing



Tuesday - Zumba



Thursday - Bodycombat



If you need to blow off some steam, the Star Vista mall offers free workout sessions from Mondays to Thursdays from 7:30pm to 8:30pm.

Please be advised that admissions are on a first-come-first-served basis and that the Star Vista Management reserves all rights to reject or refuse entry should participants be deemed as violating the rules and regulations.

Address: 1 Vista Exchange Green, The Star Vista, Singapore, 138617

For more information and latest updates, please visit the Star Vista webpage at https://www.capitaland.com/sg/malls/thestarvista/en/events/free-workouts-at-the-star-vista.html

LIST OF EATERIES NEARBY

Restaurants and Cafes



Bread Yard

Serves sandwiches, all-day breakfast, pancakes and puddings.

Opening hours: Monday - Friday | 8:00am - 7:00pm

Address: 1 Fusionopolis Place, #01-23/24 Galaxis, Singapore

138632



Pastamania

Serves pastas, pizzas and other western dishes.

Opening hours: Monday - Friday | 11:00am - 9:30pm

Address: #01-21, Fusionopolis, Singapore 138632



Hungry Wichs

Serves sandwiches.

Address: 1 Fusionopolis Way, Singapore 138632



Katto

Serves Asian fusion and Japanese cuisine.

Opening hours: Monday - Friday | 11:00am - 8:00pm

Address: 1 Fusionopolis place, #01-21, Singapore 138632



Rong Hua Bak Kut Teh

Serves Chinese dishes

Opening hours: Monday - Saturday | 11:00am - 9:00pm

Address: 1 Fusionopolis Way, #02-13, Connexis, Singapore 138632

Fast Food



Subway

Serves sandwiches and wraps.

Opening hours: Monday - Saturday | 7:30am - 8:00pm

Address: One North MRT Station, #B2-04, Singapore 138647



MacDonald's

Serves burgers and fries.

Opening hours: Monday - Sunday | 6:00am - 12:00am

Address: 9 Buona Vista Drive, Tower 1, #01-08, The Metropolis

Singapore 138588

Healthy Food Places



Salad Stop!

Serves fresh salads.

Opening hours: Monday - Friday | 8:00am - 8:30pm, Saturday

| 11:00am - 3:00pm

Address: 1 Fusionopolis Way, Singapore 138632



Soup Spoon

Serves western soups and bread.

Opening hours: Monday - Friday | 10:30am - 8:30pm Saturday

- Sunday | 10:30am - 8:00pm

Address: 1 Fusionopolis Way, #B1-10, Singapore 138632

Foodcourts



Courtyard Foodcourt

Opening hours: Everyday | 8:00am - 8:00pm

Address: 1 Fusionopolis Way, #B1-10, Singapore 138632



Foodmaster Foodcourt

Opening hours: Everyday | 8:00am - 8:00pm

Address: 1 Fusionopolis Way, # 02-01 Galaxis, Singapore

138632

HOUSING

Start off by getting in touch with ESSEC Ambassadors and students from previous batches

Many students found their accommodation through previous groups of earlier cohorts of ESSEC students on Facebook such as ESSEC SG CROSS-PROGRAM CLIQUE

Options for Housing

- 1. Rent a room in a HDB or condominium
- 2. Rent a room in a hostel or boarding house
- 3. Stay with an expat family



Housing Development Board (HDB) Flat

- Ranging from SGD350/sharing to SGD700/single
- · Cost effective with common facilities
- Utilities and Internet are usually not included (to check with landlord)
- Agent fee: Usually half-a-month rental for a 1-year lease or less,+7% tax
 (GST)



Condominium

- Ranging from SGD1000 to SGD1300/month
- Condos usually come with facilities: Security, swimming pool, gym etc.
 Typical expat living
- * Renting an apartment will cost approximately SGD4000 SGD5000 per apartment (depending on the location, size and condition of the apartment).

 Apartments situated near MRT stations will cost more.



Living with an Expat Family

Free in exchange for giving tuition, baby-sitting, etc

• You can post your ad on the following Facebook groups:

Singapour ExPat Wives | SingaFrog | Singapour Nana



Halls of Residence/Boarding House recommended by current students

- Some hostels in Singapore are similar to Halls of Residence and have monthly rates
- Ideal for students staying 3 months.
- Ranging from \$400 to \$1000/month
- Please contact the provider directly to check availability, pricing and reservation. You can refer to the following websites:

https://matchbox.sg/hostels/100up/http://www.nyboarding.edu.sg
www.yoha.com.sg

http://palmandoak.com

https://www.mdis.edu.sg/international-prospective-students/accommodation

<u>http://www.cozycornerguest.com :</u> rates per day <u>www.ywcafclodge.org.sg</u>

http://www.dwellstudent.com.sg/en/selegie/

Facebook groups to find accommodation:

- -FindyourroominSG
- -Singafrog
- -Singafrog Nana

Websites:

- -https://www.propertyguru.com.sg
- -https://www.99.co

LIST OF HOUSING AGENTS RECOMMENDED BY OUR CURRENT STUDENTS

Ignatius Ng from Veron's Estate

Mobile: +65 9767 7771

Email: mag88_ng@yahoo.com.sg

May Lee

Mobile: +65 9879 3188 Email: mayleemh@gmail.com

Charmain Yee

Mobile: +65 9477 2004 Email: rmbrcycp@gmail.com *Only with exclusive agent arrangements

Agnes

Mobile: +65 9389 9879 Email: henry.shin@live.com

Victor Rodrigues, Century 21

Mobile: +65 9069 8086 Email: vicrod@rea.com.sg

Wendy Liew

Mobile: +65 97317333 Email: wendyliew@ hotmail.sg

Jessica Low from PropNex Realty Pte Ltd

Mobile: +65 8488 0388 Email: db84880388@gmail.com

Desmond YIP

Mobile: +65 9005 9956 Email: des5328@hotmail.com www.singaporehousingcompany.com

Grace Lee from HSR Realtors Consultants Pte Ltd

Mobile: +65 9423 3118

Email: gracelee388@yahoo.com.sg

Brian Norman from Renting in Singapore

Mobile: +65 9028 1282

Email: bry@rentinginsingapore.com.sg Website: www.rentinginsingapore.com.sg

Esther Choo from Renting in Singapore

Mobile: +65 9028 1282

Email: esther@rentinginsingapore.com.sg Website: www.rentinginsingapore.com.sg

Olivia Lim from Era Realty Network Pte Ltd

Mobile: +65 8133 2261

Email: olivialim13@yahoo.com.sg

Mark Gayandato

Mobile: +65 9856 0257

Email: mgayan178@yahoo.com.sg

Nigel Yeung

Mobile: +65 9757 8078 Email:nigel.yeung@insead.edu

*non-resident landlord with several properties

Diana Teow

Mobile: +65 9070 0969 Email:dteow@gmail.com

Sophia Young

Mobile: +65 9088 8102

Email: call90888120@ yahoo.com

Ivana Prakusya

Mobile: +65 9758 0367

Email: ivana.property@gmail.com

Helena Djiharda

Mobile: +65 9365 3747

Email: Helenarealty@gmail.com

Website: http://www.indonesiahelena.com

Wendy Liew

Mobile: +65 97317333 Email: wendyliew@ hotmail.sg

George Lau (Propnex)

Mobile: +65 9117 7715

Email: glauproperty@gmail.com

Bryan Leow

Mobile: +65 9878 8820

Email: bryanleow@yahoo.com.sg

LIFE IN SINGAPORE

Singapore

Singapore is a thriving city state in Southeast Asia, with a population of over 5 million, primarily comprising of Chinese, Malay, and Indian ethnic groups. With such a large diversity of ethnic communities, common languages include: English, Malay, Mandarin, Singlish, and Tamil. It is a thriving global financial hub and described as one of Asia's economic "tigers". The currency of Singapore is the Singapore Dollar (SGD).

Singapore also ranks hightly on its national social policies, leading Asia and ranked 11th globally, on the Human Development Index (UN), notably on key measures of education, healthcare, life expectancy, quality of life, personal safety and housing. Changi Airport, is one of the largest transportation hubs in Southeast Asia.

Depending on your home country, Singapore may have a multitude of cultural norms and practices that may differ from your own. We recommend reading local websites and blogs to learn more before you arrive.

Exchanging Foreign Currency in Singapore

For your convenience, you can use the foreign currency exchange service at the airport or at the hotel you stay at. But for the best rates, make your way to one of the Singapore's most reputable money changing hubs. They are The Arcade in Raffles Place, Lucky Plaza on Orchard Road, Mustafa Centre in Little India, People's Park Complex in Chinatown, and Parkway Parade in Marine Parade.

For an indicative exchange rate, please visit the United Overseas Bank Limited website: https://uniservices1.uobgroup.com/secure/online_rates foreign_exchange_rates_against_singapore_dollar.jsp

Medical Services & Healthcare

While we hope and are confident that your stay in Singapore will be a safe one, take note of the closest medical facility to you and emergency information should you need them. Medical services in Singapore are relatively affordable, so do not hesitate to approach your program coordinator should you require medical attention.

The nearest clinic is just a 10-minute walk from the campus.

Monday - Friday: 8:30am to 1:00pm

2:00pm to 5:30pm

Saturday: 8:30am to 12:30pm

The Clinic @
Fusionopolis 1
Fusionopolis Place
#01-05, One North MRT
Singapore 138522

Emergency Numbers

+65 6466 0602

Police: 999 Ambulance/ Fire: 995

Opening a bank account

Before opening an account:

All documents must be ready. They are:

- -Passport
- -Student Pass / ICA Letter
- -Proof of residential address: School's Letter confirming student's name, passport and residential address. Ask your Program Manager for it (kalaivani.aranan@essec.edu)
- -Email address
- -Singapore Mobile Number

During account opening:

- -Go to the account opening link:
- https://www.dbs.com.sg/dbsweb-forms/deposits/apply/cip?product=0058-MA
- -Fill in the information as required
- -Scan /take a picture of the documents required
- -Submit the application (processing time will take 3 5 working days)

After account is opened:

The welcome pack (including the PINs, Debit Card and ibanking token) will be mailed to you.

- -Use the debit card number to activate both the account and the debit card
- * There is an early closure fee if your account is closed within 6 months (\$\$30) from when it was opened.
- * Download and utilize the Paylah! App to get rebates.

Traffic

Unlike Europe or the United States, cars are driven on the left side of the road. Do be extra cautious when crossing the road.

Voltage

Singapore voltage is 220-240 volts AC, 50 cycles per second. The power plugs used in Singapore are three-pinned and square-shaped.

Cleanliness in Singapore

Littering is one of Singapore's most common offences committed. First-time offenders who discard minor litter such as sweet wrappers, cigarette butts and parking coupon tabs improperly are liable for a SGD300 fine. First-time littering offenders who throw larger items such as plastic bags, food wrappers and drink cups would be issued a fine which can go up to SGD1,000 or a Community Work Order (CWO) of up to 12 hours, or both.

Eating and drinking on public transport in Singapore is prohibited.

Drinking Water

It is safe to drink water straight from the tap in Singapore. Bottled mineral water are also available at all supermarkets and grocers.

Smoking

Smoking is prohibited in all air-conditioned areas (e.g. shopping centres, restaurants, cinemas, public buses, the MRT, taxis, lifts), common corridors, void decks and staircases within residential buildings, outdoor hospital compounds, as well as a 5-metre radius from any entrance/exit and bus shelter. It is also not allowed ion the parks and reservoirs.

Prohibited Items

- Sale of chewing gum (except approved oral dental and medicated gum by HSA)
- Chewing tobacco and imitation tobacco products (e.g. electronic cigarettes, etc)
- Cigarette lighters of pistol or revolver shape
- Controlled drugs and psychotropic substances

(Substance abuse comes with a hefty fine or imprisonment)

- Endangered wildlife species and their by-products
- Firecrackers
- Obscene articles, publications, video tapes/discs and software
- Reproduction of copyright publications

DIRECTIONS TO THE CAMPUS

By Car/Taxi

- From North Buona Vista Road, turn into Portsdown Road.
- Turn into Nepal Park.
- ESSEC Asia-Pacific is located at the end of Nepal Park; you will pass by Unilever Four Acres on your right as you drive in.
- There are limited parking lots at the campus, available on a first-come-first-serve basis.
- You are advised to park at Fusionopolis if parking is not available at the campus.

By MRT

A. Circle Line: One-North Station (CC23)

- Alight at One-North Station and take Exit B (Portsdown Road)
- Cross the road and walk up Nepal Park; ESSEC is located at the end of Nepal Park; you will pass by Unilever Four Acres on your right as you walk in

B. East West Line: Buona Vista Station (EW21/CC22)

- Alight at Buona Vista Station, head towards North Buona Vista Road (Metropolis/Ministry of Education)
- Walk along North Buona Vista Road or take buses 74, 92, 95, 196, 198 or 200 from the bus stop opposite Buona Vista Station (bus stop no. 11369) and alight one stop later opposite Anglo-Chinese JC (bus stop no. 18149)
- The stairs behind the bus stop will lead you to the campus

By Bus

74, 91, 92, 95, 191, 196, 198 or 200

A. From the city

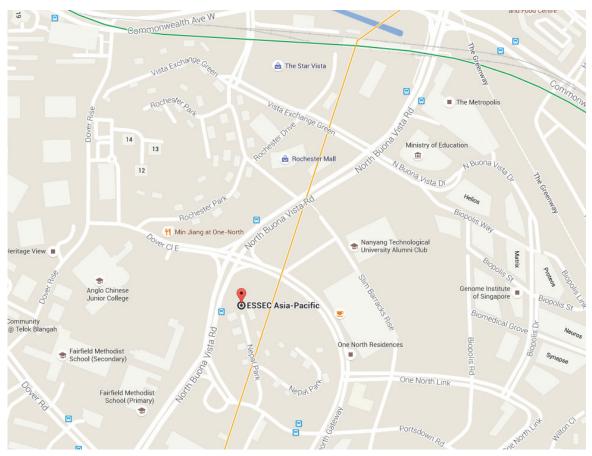
- Alight at the bus stop opposite Anglo-Chinese JC (bus stop no. 18149) along North Buona Vista Road
- The stairs behind the bus stop will lead you to the campus

B. Towards the city

- Alight at the bus stop after Anglo-Chinese JC (bus stop no. 18141) along North Buona Vista
- The campus will be on the right, across the traffic junction

USEFUL MAPS

Area around ESSEC Asia-Pacific



Singapore MRT and LRT Map



PARIS

_ SINGAPORE

RABAT

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www.executive-education.essec.edu

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5 Nepal Park Singapore 139408 Tel. +65 6884 9780

www.essec.edu/asia

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ESSEC Africa

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