

2024 - 2025 Public Health Study Tour Course Outline



ACICIS
Study Indonesia

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Program Details

ACICIS Public Health Study Tour (PHST)
Yogyakarta and Jakarta, Indonesia

Dates (Tour 2): 6 July - 20 July 2024
Dates (Tour 1): 11 January - 25 January 2025

Credit Points: Recommended equivalency 25% of a full semester load (0.125 EFSTL). Actual subject weighting and academic credit awarded to be determined by a student's home university.

Mode: Off-Campus

Contact hours: **Total course time commitment: Approximately 110 hours**

- Approximately 20 hours of seminars
- Approximately 32 hours of independent study (seminar readings)
- Approximately 28 hours of field trips
- Approximately 16 hours of group discussions and presentations
- Approximately 8 hours of reflective journal writing
- Approximately 6 hours of language classes

www.acicis.edu.au/programs/tour/public-health-study-tour

Contact Details

Program Facilitator: Australian Consortium for 'In-Country' Indonesian Studies (ACICIS)
www.acicis.edu.au

Perth Office: ACICIS Secretariat
@ enquiries@acicis.edu.au
+618 6488 6675

ACICIS PHST Tour Leader: TBC
@ TBC
TBC

ACICIS Resident Director: Dr Adrian Budiman
@ a.budiman@acicis.edu.au
+62 274 561 477



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Description

The Public Health Study Tour (PHST) is a two-week intensive program for public health students to gain experience in the public health sector in Indonesia. The study tour will provide an introduction to the public health challenges currently facing Indonesia, as well as existing government, international and community-led initiatives tasked with meeting these challenges. This is a unique opportunity for Australian students to hear from leading health professionals, policy-makers and community health workers in Indonesia, and to discuss approaches to health issues with Indonesian counterparts.

The two-week intensive tour is made up of a comprehensive seminar series, and a number of field visits to health care facilities and organisations in Indonesia which provide students with the opportunity to see firsthand how the public health system works in Indonesia and to understand the complex challenges it faces.

Discipline Areas

- | | | |
|-----------------------|------------------------|-----------------------|
| ◆ Public health | ◆ Nursing | ◆ Primary health care |
| ◆ Health science | ◆ Environmental health | ◆ Health policy |
| ◆ Occupational health | ◆ Health promotion | ◆ Public policy |
| ◆ Epidemiology | ◆ Community health | ◆ Reproductive Health |

Supervision

ACICIS' programs in Indonesia operate under the direction of the ACICIS Resident Director, Dr Adrian Budiman.

A Tour Leader will be assigned for the duration of the PHST to provide academic supervision of the tour. Alongside Tour Leader there will be a Tour Coordinator and Program Assistants, who will serve as the primary liaison assisting with the planning of the tour. ACICIS staff will provide comprehensive in-country pastoral support services for students during their time in Indonesia.

Structure and Schedule of Learning Activities

The structure of the two-week study tour is as follows:

- ◆ One week of seminars and field trips in Depok/Jakarta, in collaboration with Universitas Indonesia (UI), DFAT, Development agencies and including one day of concluding discussions and group presentations.
- ◆ One week of seminars and field trips in Yogyakarta, including one day of concluding discussions and group presentations;

Please see [Appendix I](#) for more details on the tour itinerary.

Educational Principles and Graduate Attributes

Throughout the PHST, students are supported to:

- ◆ Develop an understanding of the nature of public health issues in Indonesia;
- ◆ Develop an understanding of the social determinants of health as well as the Indonesian political, economic, and environmental context;
- ◆ Develop an understanding of primary health care practice in the Asia-Pacific region;
- ◆ Build networks with community-based NGOs, public and private service delivery agencies and other key stakeholders in the public health sector in Indonesia; and
- ◆ Broaden knowledge about health promotion in rural and urban settings;
- ◆ Build academic skills and an appreciation of the "real life" challenges in actual public health settings; and
- ◆ Enrich their understanding of intercultural management and Indonesian organisational culture in the context of public health.

Learning Outcomes

Students who complete the PHST successfully will be able to:

- ◆ Identify the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia;
- ◆ Demonstrate knowledge of the implications of social determinants on access to and use of Indonesia's public health system;
- ◆ Identify key public health issues and their related sub-issues;
- ◆ Demonstrate an understanding of effective public health and health promotion, planning, implementation and evaluation;
- ◆ Demonstrate an ethical sense of social responsibility; and
- ◆ Demonstrate effective inter-cultural communication skills in a different cultural setting.

Assessment Mechanism

The following components are used to inform the PHST Tour Leader’s student evaluation report. Students are required to complete all components satisfactorily in order to achieve an overall grade of ‘Satisfactory’ for the tour.

#	Component	Weighting	Notes
1	Seminar Series	30%	Attendance at, and participation in, all seminar series organised by ACICIS is expected. Evidence of familiarity with set readings will be assessed through seminar participation.
2	Field Trips & Cultural Activities	25%	Attendance at, and participation in, all field trips and cultural activities organised by ACICIS is expected.
3	Discussion & Presentation	25%	Students to discuss national health issues with Indonesian undergraduate public health students and deliver two group presentations to fellow students and staff.
4	Reflective Journal	20%	Three reflective journal entries to be submitted to the PHST Leader one week before the tour start, mid-tour & at the end of the tour. Evidence of familiarity with set readings will be assessed through reflective journal writing.

Component Details

1. Seminar Series (20 hours)

The Seminar Series of the PHST consists of ten seminars: one introductory seminar on Indonesian culture, politics, and society, and nine seminars on public health topics. The seminars will be delivered by government representatives, academics, and NGO representatives. Participants must demonstrate adequate preparation through informed contributions to discussions and activities in order to pass this component of the program. Lively discussion groups and Q&A sessions will be a key aspect of these sessions. Students must attend and participate actively in a minimum of 80% of all scheduled seminars. Please see [Appendix II](#) for more details about this component of the tour.

2. Field Trips (32 hours)

Participants will also undertake numerous field visits to health care facilities in Indonesia. Students will meet with workers in the health system as well as communities to observe current public health responses. In order to enrich their knowledge about government and non-government programs, participants will observe on-site projects in vulnerable communities. Participants will also observe the social determinants of health and well-being in the rural areas of Indonesia through visits and interaction with the local community. Please see [Appendix II](#) for more details about this component of the tour.

3. Group Discussions & Presentations (16 hours)

In Yogyakarta, participants will discuss, observe and interview local community members and health care workers, and will deliver a presentation on an aspect of a public health issue encountered in the community, as well as offer recommendations regarding future measures that could be adopted in order to overcome the issue. At Universitas Indonesia (UI), Jakarta, participants will collaborate with Indonesian undergraduate students and discuss in groups the national and urban health challenges in Indonesia. Groups will then deliver a presentation on a particular public health topic. Please see [Appendix III](#) for more details about this component of the tour.

4. Reflective Journal (8 hours)

The purpose of the reflective journal is to encourage critical thinking and reflection from students on their theoretical and vocational learning while on the PHST. The reflective journal should also demonstrate evidence of a student’s understanding of the set readings and ability to relate these readings to their daily experiences on the tour.

To complete the reflective journal, students are required to:

- ◆ Complete a number of required readings;
- ◆ Complete three reflective journal entries detailing observations, challenges, learning experiences and outcomes of activities undertaken or experienced on the tour; and
- ◆ Reference and reflect on set readings.

Students are encouraged to use the reflective journal to record and elaborate on the significant issues encountered, including observations, challenges, learning experiences, or unexpected outcomes.

Comprehensive journal entries are to be submitted to the PHST Tour Leader one week before the tour start, mid-way through the tour, and at the end of the tour.

Please see [Appendix IV](#) for more details about this component of the tour.

Award of Grade for the unit

Both the student and the student’s home university will receive a copy of the PHST Tour Leader’s student academic evaluation report. This assessment document will be sent electronically (or by post if requested) from the ACICIS Secretariat in Perth within six weeks of a student’s completion of the tour. The home university may choose to award a grade or an ungraded pass/fail on the basis of this document and any additional home university assessment requirements for the tour.

Reading List

Introduction to Indonesia

A.W. Widayanti et al. Health-Seeking Behavior of People in Indonesia: A Narrative Review, Journal of Epidemiology and Global Health (2020)

Pisani, E 2014, *Indonesia Etc.* Jakarta: Lontar Press; Chapter 1.

Vickers, A 2013, *A History of Modern Indonesia*. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.

Health System, Policy and Management in Indonesia

"Tracking universal health coverage: 2023 global monitoring report. Geneva: World Health Organization and International Bank for Reconstruction and Development / The World Bank; 2023. Licence: CC BY-NC-SA 3.0 IGO. " (the data on Indonesia).

Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' Asia Pacific Observatory on Health Systems and Policies, vol. 7, no. 1. [cited 2018 June 04]. Available from <http://www.who.int/iris/handle/10665/254716>

Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' The Lancet, vol. 392: pp. 581–91. Available from [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(18\)30595-6/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext)

Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', New Mandala, 28 February 2019. Available from <https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/>

Disaster Management in Indonesia

Balajee S, Pasi OG, Etoundi AM, et al 2017. 'Sustainable model for public health emergency operations centers for global settings' Emerging Infectious Diseases. 2017;23(13). Available from: <http://doi.org/10.3201/eid2313.170435>

Djalante, R., Lassa, J., Setiamarga, D. et al 2020, 'Review and analysis of current responses to COVID-19 in Indonesia: Period of January to March 2020' *Progress in Disaster Science* 6. 2020.

Non-Communicable Diseases & Tobacco and Youth

Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' ScienceDirect: Preventative Medicine, vol. 47.

Herawati, E., & Sofiatin, Y. (2021). Socio-cultural aspects of non-communicable disease prevention in three villages in the West Java. Masyarakat, Kebudayaan Dan Politik, 34(3), 340–354. <https://doi.org/10.20473/mkp.V34I32021.340-354>

Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012. 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', Tobacco Control, vol. 21, issue 3. <http://dx.doi.org/10.1136/tc.2010.036814>

Schröders, J, Wall, S., et al 2017,'How is Indonesia coping with its epidemic of chronic noncommunicable diseases? A systematic review with meta-analysis'. Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0179186>

Climate Change Effects on Public Health

Oktari. RS ,Dwirahmadi. F, Ru Gan. CC et al. 2022. 'Indonesia's Climate-Related Disasters and Health Adaptation Policy in the Build-Up to COP26 and Beyond' Sustainability 2022, 14, 1006. <https://doi.org/10.3390/su14021006>

Pratiwi. SD. et al. 2021. 'Economic Losses Analysis Due to the Impact of Climate Change on the Health Sector in Indonesia.' IOP Conference Series: Earth and Environment Science 950 012061

UNICEF, 2022.' Health Sector Readiness in Supporting National Commitment on Climate Change Adaptation: Data Availability and Access'. Available from: <https://www.unicef.org/indonesia/media/17161/file/%5BExecutive%20Summary%5D%20Health%20Sector%20Readiness%20in%20Supporting%20National%20Commitment%20on%20Climate%20Change%20Adaptation:%20Data%20Availability%20and%20Access.pdf>

Neglected Diseases in Indonesia

Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' BMC Public Health, vol. 16.

Dharmawan et al. Measuring leprosy case detection delay and associated factors in Indonesia: a community-based study BMC Infectious Diseases (2023) 23:555

Wibawa,T, Satoto, TBT 2016. 'Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era.' Journal of Tropical Medicine, vol. 2016, article ID 5716785. Available from <https://doi.org/10.1155/2016/5716785>.

DHF and Malaria

Hasyim, H, Dale, P. et al 2019, ' Social determinants of malaria in an endemic area of Indonesia.' Malaria Journal, vol.18

Haryanto, B 2018, Indonesia Dengue Fever: Status, Vulnerability, and Challenges. Available from: <https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine/indonesia-dengue-fever-status-vulnerability-and-challenges>.

Ipa, M, Widawati, M. et al.2020.' Variation of preventive practices and its association with malaria infection in eastern Indonesia: Findings from community-based survey'. Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0232909>

Tantowijoyo W, Arguni E, Johnson, P, et al 2016, 'Spatial and Temporal Variation in Aedes aegypti and Aedesalbopictus (Diptera: Culicidae) Numbers in the Yogyakarta Area of Java, Indonesia, With Implications for Wolbachia Releases.' *Journal of Medical Entomology*. vol. 53, no.1, pp: 188-198

Sexual and Reproductive Health System: Family Planning

Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, Undergraduate Economic Review: Vol. 15 : Iss. 1 , Article 18. Available at: <https://digitalcommons.iwu.edu/uer/vol15/iss1/18>

The Government of Indonesia 2020, 'Family Planning 2020 Commitment'. Available from: <http://www.familyplanning2020.org/indonesia>

Community-Based Waste Management

Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' Development and Change, vol. 45, pp. 157-178. doi:10.1111/dech.12075

Mirza O.A. Putri1, Zakianis1, Sabarinah2, I. Made Djaja1, Haruki Agustina3, Sifa Fauzia1. Solid Waste Reduction Through 3R-Based Waste Management Unit and Waste Bank in Indonesia in 2018. IJPHRD 2020, 11, 1057-1062.

Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' Waste Management, vol.27, issue 12, pp. 1924-1938. <https://doi.org/10.1016/j.wasman.2007.05.011>

Public Hospital

Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' Expert Systems with Applications, vol. 42. no. 6, pp: 3067-3078.

Wardhani, V., van Dijk, J.P. & Utarini, A. Hospitals accreditation status in Indonesia: associated with hospital characteristics, market competition intensity, and hospital performance?. BMC Health Serv Res 19, 372 (2019). <https://doi.org/10.1186/s12913-019-4187-x>

Nutrition and Food Safety

A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurantsand street vendors in Jakarta, Indonesia. Epidemiol Infect 2004;132:863–72

Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from <http://documents.worldbank.org/curated/en/913341532704260864/main-report>

Titaley , C., Iwan Ariawan , Dwi Hapsari , Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, Nutrients 2019, 11, 1106, doi:10.3390.

Mental Health and Responses

Inter-Agency Standing Committee, 2020. 'Operational Consideration for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic'. Available from: <https://interagencystandingcommittee.org/system/files/2020-06/IASC%20Guidance%20on%20Operational%20considerations%20for%20Multisectoral%20MHPSS%20Programmes%20during%20the%20COVID-19%20Pandemic.pdf>

Irmansyah, I. Susanti, H. et al. 2020. 'Civic engagement and mental health system strengthening in Indonesia: a qualitative examination of the views of health professionals and national key stakeholders' BMC Psychiatry. vol 20. arcticle 172

Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' International Journal of Mental Health Systems, vol. 2, no. 8. Available from <https://doi.org/10.1186/1752-4458-2-8>

Windarwati, H. Oktaviana, W, Mukarromah, I. et al 2020, ' In the middle of the COVID-19 outbreak: Early practical guidelines for psychosocial aspects of COVID-19 in East Java, Indonesia' *Psychiatry Research*, vol 293, article ID 113395. Available from <https://www.sciencedirect.com/science/article/pii/S0165178120309926> .

Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' *Social Science & Medicine*, vol. 106, pp: 20-27.

Sexual and Reproductive Health

Astuti, DA, Hidayat, A, Humaira, RZ, et al 2017. ' Accessibility to media and its relation to stigmatization toward lesbian-gay- bisexual and transgender (LGBT) individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' J Health Res, vol 31, no 4, pp: 263-269. <https://doi.org/10.14456/jhr.2017.33>

Budiharsana, M 2019, 'An exploratory study on the knowledge of drug sellers about misoprostol use for

medical abortion in Yogyakarta Indonesia, 2019'.

Surjadaja, C. & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' Health Policy and Planning, vol. 26, no. 5, pp: 373-384.

HIV in Indonesia

Januraga, P.P., Reekie, J. et al 2018, ' The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: [https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018\(18\)30148-6/fulltext](https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext)

Luis, H., Fridayantara, W.D. et al 2020, ' Evolving ART crisis for people living with HIV in Indonesia'. Available from: [https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018\(20\)30138-7/fulltext](https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext)

Riono, P. Challacombe, S.J. 2020,' HIV in Indonesia and in neighbouring countries and its social impact'. Oral Diseases, Vol. 26, pp 28-33.

Puskesmas and Posyandu

Belton, S, Myers, B, & Ngana, F 2014, 'Maternal deaths in eastern Indonesia: 20 years and still walking: an ethnographic study.'BMC Pregnancy and Childbirth, vol. 14, no. 39.

Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' BMC International Health and Human Rights, vol. 10, no. 3 [cited 2018 June 04]. Available from: <http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3>

Laksono, A. D., Paramita, A., & Wulandari, R. D. (2019, August 16). Socioeconomic Disparities of Facility-Based Childbirth in Indonesia. <https://doi.org/10.31227/osf.io/7b2su>

Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother’s participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia'. BMC Public Health [cited 2018 Jan 10]. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf

Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era.' International Journal of Health Planning and Management, vol. 33, no. 2, e586-e596. Available from https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era

YAKKUM Rehabilitation Centre

Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' International Journal of Mental Health Systems, vol. 2, no. 8. Available from <https://doi.org/10.1186/1752-4458-2-8>

Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' Social Science & Medicine, vol. 106, pp: 20-27.

Kali Code

Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' Development and Change, vol. 45, pp. 157-178. doi:10.1111/dech.12075

Indraswara, H 2009, 'Water woes.' Inside Indonesia [cited 2018 Jan 10]. Available from: <http://www.insideindonesia.org/water-woes>

N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya's dwellings and Humanitarian Archiecture: Journal of Architecture and Urbanism, 2018, 42(2): 177–187, Available from: <https://doi.org/10.3846/jau.2018.6900>

Websites

WHO	www.who.int/gho/countries/idn/country_profiles/en/
UNICEF	www.unicef.org/indonesia
UNFPA	indonesia.unfpa.org
Indonesian Ministry of Health	www.depkes.go.id
Australia Indonesia Partnership for Health System Strengthening (AIPHSS)	aiphss.org
WFP	www.wfp.org/countries/indonesia
National AIDS commission	www.aidsindonesia.or.id
Jakarta government website	www.jakarta.go.id/english
International Food Policy Research Institute	www.ifpri.org/country/indonesia
Women Deliver	www.womendeliver.org
UNDP Indonesia	www.id.undp.org

Appendices

Appendix I: PHST Itinerary (Jakarta-Yogyakarta)

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Dress Code
	Fri	(Students are recommended to arrive in Jakarta on this day- accommodation on their own expense)					
1	Sat	14:00-15:00	Students arrive and check in at hotel		Hotel meeting room	ACICIS	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		15:00-16:00	Orientation Session 1	Welcome, Staff Introductions, Program Overview			
		16:00-16:15	Coffee Break				
		16:15-17:00	Orientation Session 2	Understanding the Public Health Study Tour Program			
		17:00-18:00	Welcome Dinner				
2	Sun	10:00-11:30	Orientation Session 3	Health and Security Briefing	Hotel meeting room	ACICIS	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		11:30-11:45	Coffee Break				
		11:45-12:45	Orientation Session 4	Introduction to Depok, Jakarta, and Yogyakarta			
		12:45-13:30	Lunch				
		13:30-14:15	Seminar A: Introduction to Indonesia	Indonesian Modern History, Culture, Politics and Society			
		14:15 onwards	Free time				
3	Mon	08:00-08:45	Meet at the hotel lobby and travel to UI		Hotel lobby	ACICIS	
		08:45-10:45	Language Class I	Greetings, introductions, numbers, names, food	Meeting room UI	UI	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		10:45-11:15	Travel to FKM UI				
		11:15-12:00	Opening ceremony	Opening Ceremony			
		12:00-12:30	Lunch Break				
		12:30-13:15	Seminar B: General Overview of Indonesian	Health System in Indonesia			
		13:15-13:30	Coffee break				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Dress Code
		13.30-14.15	Seminar C: Mental Health in Indonesia				
		14.15-15.00	Seminar D: Population Development in Indonesia				
		15.00-15.45	Campus Tour				
		15.45 onwards	Travel to hotel and free time				
4	Tue	08.15-09.00	Meet at downstairs lobby and travel to UI			Universitas Indonesia (UI)	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		09.00-09.45	Seminar E: Non-Communicable Diseases in Indonesia		Meeting room UI	ACICIS	
		09.45-10.30	Seminar F: Tobacco and Youth				
		10.30-10.45	Coffee Break				
		10.45-11.30	Seminar G: Impact of Climate Change on Maternal and Child Health				
		11.30-12.15	Lunch				
		12.15-12.45	Travel to LBI UI				
		12.45-14.45	Language Class II	Weather, directions, getting around.	LBI UI	FIB	
			14.45 onwards	Travel to hotel and free time			
5	Wed	08.00-08.45	Meet at the hotel lobby and travel to UI				
		08.45,10.45	Language Class III	Family members, basic conversation topics	LBI UI	FIB	
		10.45-11.15	Travel to FKM UI and coffee break				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Dress Code
		11.15-12.00	Seminar H: Disaster Management in Indonesia		Meeting room UI	UI	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		12.00-12.45	Lunch Break				
		12.45-13.30	Seminar I: DHF and Malaria Prevention				
		13.30-14.15	Seminar J: Neglected Diseases in Indonesia				
		14.15 onwards	Travel to hotel and free time				
6	Thu	07.30-08.45	Meet at downstairs lobby and travel to field visit site			UI	
		08.45-10.45	Field Visit 1: TPS 3R in Kota Bogor	Waste Management		UI	ACICIS Batik
		10.45-13.00	Travel to restaurant and lunch		Setu Babakan		Optional: bring change of shirt for field trip. T-shirt recommended.
		13.00-14.00	Optional Field Trip to Setu Babakan				
		14.00-onwards	Free time				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Dress Code	
7	Fri	07.30-08.30	Meet at downstairs lobby and travel to field UI			UI	Casual: with UI t-shirt .	
		08.30-09.15	Seminar K: Food Safety		Meeting room UI		e.g. 3/4 pants. sneakers	
		09.15-10.00	Seminar L: Stunting Updates: Indonesia Experience Stunting					
		10.00-10.30	Coffe Break and Travel to Field Visit 2					No short or thongs
		10.30-12.30	Field Visit 2: Public Hospital	Secondary and Tertiary Care			Optional: bring change of shirt for seminar	
		12.30-13.15	Lunch					
		13.15-14.15	Group Discussion with TL (presentation preparation)					
		14.15 onwards	Travel to hotel and free time					
8	Sat	08.15-09.00	Meet at downstairs lobby and travel to UI			ACICIS/UI	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).	
		09.00-09.30	Presentation Preparation		Meeting room UI			
		09.30-11.30	Final student presentations and future recommendations					
		11.30-13.00	Lunch and Farewell with UI buddies					
		13.00 onwards	Travel to hotel and Free time					
9	Sun	09.30-10.00	Meet at lobby downstairs		Jakarta	ACICIS	Casual: e.g. t-shirt, yoga pants, sandals.	
		10.00-14.00	Travel to airport and check in flight					
		14.00-17:00	Flight to Yogyakarta (YIA) and luggage pick up					
		17.00-18.30	Travel to Yogyakarta and check-in at hotel					
		18.30 onwards	Free time					

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Dress Code
10	Mon	09.00-09.30	Seminar J: Sexual and Reproductive Health	Abortion in Indonesia	Hotel meeting room	ACICIS	Smart Casual:
		09.30-10.00		Gender Based Violence in Indonesia			e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		10.00-10.30		QnA			
		10.30-10.45	Coffee Break				
		10.45-11.30	Seminar K: HIV in Indonesia	HIV issues in Indonesia			
		11.30-12.15	Seminar L: Health System in Indonesia	Referral System from <i>Puskesmas</i> to Hospital			
		12.15-13.30	Lunch Break and meeting with Puskesmas Buddies				
		13.30 onwards	Free time				
11	Tue	08.00-09.00	Meet at the hotel lobby and travel to Site visit			ACICIS	ACICIS Batik and
		09.00-10.30	Field Visit 3a : Puskesmas (Community Health Centre)	Observing <i>puskesmas</i> and interacting with health practioners and patients, observing their function particularly in health prevention and promotion activities.	- Puskesmas Ngaglik 1 - Puskesmas Ngaglik 2	Puskesmas representatives and facilitators	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		10.30-10.45	Travel to Site 3b				
		10.45-12.30	Field Visit 3b: <i>Posyandu</i> (Community Health Centre)	Maternal and child health in rural area		Puskesmas representatives and facilitators	
		12.30-14.00	Travel to restaurant and lunch				
		14.00 - onwards	Travel to hotel and free time				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Dress Code
12	Wed	09.15-09.30	Meet at the hotel lobby and travel to site visit				
		09.30-11.30	Field Visit 4: Kali Code	Water and sanitation management	Kali Code	ACICIS / Kali Code community	Smart Casual / Casual
		11.30-12.15	Travel to restaurant and				
		12.15-13.15	Lunch			TBC	
		13.15-15.30	Cultural field trip: TBC				
		15.30-onwards	Travel to hotel and free time				
13	Thu	09.00-09.45	Meet at the hotel lobby and travel to Site visit				Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		09.45-11.45	Field Visit 5A: KEBAYA Foundation		KEBAYA	KEBAYA representative	
			Field Visit 5B: Disabilities and Mental Health Rehabilitation Centre		Visit to Yakkum Rehabilitation Centre	Yakkum Rehabilitation Centre representatives	
		11.45-12.30	Travel back to hotel				
		12.30-13.30	Lunch and Free time			Tour Leader	
		13.30-15.30	Consultation with Tour Leader				
		15.30-onwards	Free time				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	Dress Code
13	Fri	09.00-09.45	Meet at the hotel lobby and travel to Kali Code				Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		09.45-11.45	Field Visit 5A: Disabilities and Mental Health Rehabilitation Centre	Visit to Yakkum Rehabilitation Centre	KEBAYA	KEBAYA representative	
			Field Visit 5B: KEBAYA Foundation		Yakkum Rehabilitation Centre	Yakkum Rehabilitation Centre representatives	
		11.45-12.30	Travel back to hotel				
		12.30-13.30	Lunch and Free time				
		13.30-15.30	Consultation with Tour Leader				
		15.30 onwards	Free time				
15	Sat	09.00-10.00	Final presentation	Divided into small groups, presentations to reflect Indonesian health challenges and	Hotel meeting room	UI & ACICIS	Smart Casual: e.g. Collared shirts/ blouses, dress covering shoulders and knees (NO crop tops or singlets).
		12.00-15.00	Closing ceremony and farewell lunch.	Certificate distribution and closing ceremony			
16	Sun	Students depart to Australia					

Appendix II: PHST Seminar Series and Fieldtrips

Activity	Topic	Objective/ Learning outcome	Readings
Seminar : Introduction to Indonesia	Indonesian modern history, culture, politics and society	◆ Develop an understanding of Indonesian modern history, culture, politics and society.	<p><i>Required:</i></p> <p>Pisani, E 2014, <i>Indonesia Etc.</i> Jakarta: Lontar Press; Chapter 1.</p> <p>Vickers, A 2013, <i>A History of Modern Indonesia</i>. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.</p> <p><i>Optional:</i></p> <p>Hatley, B, Rowe, E. 2021. 'The Performing Arts and the Pandemic.' Inside Indonesia, edition 143 Available from https://www.insideindonesia.org/the-performing-arts-and-the-pandemic</p> <p>Neelakantan, V 2013, 'The Indonesianization of Social Medicine', Lembaran Sejarah, vol. 10, no. 1. Available from https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654</p>
Seminar : General Overview of the Indonesian Public Health System	Health system in Indonesia	◆ Develop an understanding of the Indonesian public health system.	<p><i>Required:</i></p> <p>Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' The Lancet, vol. 393, issue 10166, pp:75-102. Available from: https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31647-7/fulltext</p> <p>Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' <i>Asia Pacific Observatory on Health Systems and Policies</i>, vol. 7, no. 1. [cited 2018 June 04]. Available from http://www.who.int/iris/handle/10665/254716</p> <p><i>Optional:</i></p> <p>Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' The Lancet, vol. 392: pp. 581–91. Available from https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext</p> <p>Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', New Mandala, 28 February 2019. Available from https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/</p>
Seminar : Mental Health	Community-based Mental Health Service	◆ Develop an understanding of mental health issues in the community	<p><i>Required:</i></p> <p>Inter-Agency Standing Committee, 2020. 'Operational Consideration for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic'. Available from: https://interagencystandingcommittee.org/system/files/2020-06/IASC%20Guidance%20on%20Operational%20considerations%20for%20Multisectoral%20MHPSS%20Programmes%20during%20the%20COVID-19%20Pandemic.pdf</p> <p>Windarwati, H, Oktaviana, W, Mukarromah, I. et al 2020, ' In the middle of the COVID-19 outbreak: Early practical guidelines for psychosocial aspects of COVID-19 in East Java, Indonesia' <i>Psychiatry Research</i>, vol 293, article ID 113395. Available from https://www.sciencedirect.com/science/article/pii/S0165178120309926</p> <p><i>Optional:</i></p> <p>Irmansyah, I, Susanti, H. et al. 2020. 'Civic engagement and mental health system strengthening in Indonesia: a qualitative examination of the views of health professionals and national key stakeholders' <i>BMC Psychiatry</i>. vol 20. article 172.</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar : Non Communicable Diseases	Non-communicable diseases in Indonesia	◆ Develop an understanding of trends in non-communicable diseases in Indonesia and preventative approaches.	<p><i>Required:</i></p> <p>Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' ScienceDirect: Preventative Medicine, vol. 47.</p> <p>Hussain, M.A., Huxley, R.R., et al 2015, 'Multimorbidity prevalence and pattern in Indonesian adults: an exploratory study using national survey data' BMJ Open, Vol. 5, issue 12. Available from: https://bmjopen.bmj.com/content/5/12/e009810</p> <p>Schröders, J. Wall, S., et al 2017, 'How is Indonesia coping with its epidemic of chronic noncommunicable diseases? A systematic review with meta-analysis'. Available from: https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0179186</p> <p><i>Optional:</i></p> <p>Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012. 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', Tobacco Control, vol. 21, issue 3. http://dx.doi.org/10.1136/tc.2010.036814</p>
Seminar : Impact of Climate Change on Maternal and Child Health	Global Warming Effects on Indonesian Public Health	◆ Develop an understanding the effect of global warming towards the Indonesian public health	<p>Oktari. RS ,Dwirahmadi. F, Ru Gan. CC et al. 2022. 'Indonesia's Climate-Related Disasters and Health Adaptation Policy in the Build-Up to COP26 and Beyond' Sustainability 2022, 14, 1006. https://doi.org/10.3390/su14021006</p> <p>Pratiwi. SD. et al. 2021. 'Economic Losses Analysis Due to the Impact of Climate Change on the Health Sector in Indonesia.' IOP Conference Series: Earth and Environment Science 950 012061</p> <p>UNICEF, 2022.' Health Sector Readiness in Supporting National Commitment on Climate Change Adaptation: Data Availability and Access'. Available from: https://www.unicef.org/indonesia/media/17161/file/%5BExecutive%20Summary%5D%20Health%20Sector%20Readiness%20in%20Supporting%20National%20Commitment%20on%20Climate%20Change%20Adaptation.%20Data%20Availability%20and%20Access.pdf</p>
Seminar : Sexual and Reproductive Health	Reproductive health and family planning policy; Adolescent reproductive health; Family Planning in Indonesia	◆ Develop an understanding of family planning and reproductive health issues.	<p><i>Required:</i></p> <p>The Government of Indonesia 2020, 'Family Planning 2020 Commitment'. Available from: http://www.familyplanning2020.org/indonesia</p> <p><i>Optional:</i></p> <p>Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, Undergraduate Economic Review: Vol. 15 : Iss. 1 , Article 18. Available at: https://digitalcommons.iwu.edu/uer/vol15/iss1/18</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar : Neglected and Communicable Diseases Malaria	Neglected Diseases in Indonesia DHF and Malaria prevention and response in Indonesia	<ul style="list-style-type: none">◆ Develop an understanding of the burden of Neglected Disease and TB in Indonesia and interventions targeted to address the issues◆ Develop an understanding of the burden of DHF and malaria in Indonesia and prevention and intervention measures of these diseases.	<p><i>Required:</i></p> <p>Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' BMC Public Health, vol. 16.</p> <p>Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, Malaria Journal (2019) 18:134</p> <p>Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. <i>International Journal of Health Geographics</i>, vol. 15, no. 13.</p> <p>Pasaribu, A., Alam, A. 2019.' Prevalence and risk factors of soiltransmitted helminthiasis among school children living in an agricultural area of North Sumatera, Indonesia.' BMC Public Health, vol. 19, Article number 1066. Available from https://doi.org/10.1186/s12889-019-7397-6</p> <p>Wibawa,T, Satoto, TBT 2016. 'Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era.' <i>Journal of Tropical Medicine</i>, vol. 2016, article ID 5716785. Available from https://doi.org/10.1155/2016/5716785.</p> <p><i>Optional:</i></p> <p>Rodriguez-Morales, AJ 2018. Current Topics in Tropical Emerging Diseases and Travel Medicine. London: IntechOpen; Chapter 5. Available from https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine</p>
Field Visit 1: Community-Based Waste Management	Participatory-Development Approach for Environmental Health	<ul style="list-style-type: none">◆ Develop an understanding of community participation in environmental health interventions in Indonesia.	<p><i>Required:</i></p> <p>Mirza O.A. Putri1, Zakianis1, Sabarinah2, I. Made Djaja1, Haruki Agustina3, Sifa Fauzia1. Solid Waste Reduction Through 3R-Based Waste Management Unit and Waste Bank in Indonesia in 2018. IJPHRD 2020, 11, 1057-1062.</p> <p>Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' Waste Management, vol.27, issue 12, pp. 1924-1938. https://doi.org/10.1016/j.wasman.2006.09.010</p> <p><i>Optional:</i></p> <p>Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' Development and Change, vol. 45, pp. 157-178. doi:10.1111/dech.12075</p>
Field Visit 2: Public Hospital	Hospital programs and activities in treatment and prevention	<ul style="list-style-type: none">◆ Develop an understanding of the role of public hospitals as health prevention and treatment providers.	<p><i>Required:</i></p> <p>Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' <i>Expert Systems with Applications</i>, vol. 42, no. 6, pp: 3067-3078.</p> <p>Wardhani, V., van Dijk, J.P. & Utarini, A. Hospitals accreditation status in Indonesia: associated with hospital characteristics, market competition intensity, and hospital performance?. BMC Health Serv Res 19, 372 (2019). https://doi.org/10.1186/s12913-019-4187-x</p>
Seminar : Disaster Management in Indonesia	Disaster Management in Indonesia	<ul style="list-style-type: none">◆ Develop an understanding of Disaster Management in Indonesia	<p><i>Required</i></p> <p>Jibiki, Y, Pelupessy, D, Susilowati, I, et al 2018, 'Exploring Community Preparedness for Complex Disaster: A Case Study in Cilegon (Banten Province in Indonesia)" in International Conference of Occupational Health and Safety (ICOHS-2017), KnE Life Sciences, pages 237-249. DOI 10.18502/kl.v4i5.2556</p> <p>Lestari, F, Pelupessy, D, Jibki, Y, et al. 'Analysis on Complexity in Natech Disaster Risk Reduction and Management: The case study of Cilegon, Indonesia'</p> <p><i>Optional:</i></p> <p>Grayman, JH 2014. 'Rapid response: Email, immediacy, and medical humanitarianism in Aceh, Indonesia.' Social Science & Medicine, vol. 120, pp. 334-343. doi:10.1016/j.socscimed.2014.04.024</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar : Nutrition and Food Safety	Burden of malnutrition in Indonesia and food safety issues	◆ Develop an understanding the burden of malnutrition in Indonesia and issues with food safety.	<i>Required:</i> A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurantsand street vendors in Jakarta, Indonesia. Epidemiol Infect 2004;132:863–72 Titaley , C., Iwan Ariawan , Dwi Hapsari , Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, Nutrients 2019, 11, 1106, doi:10.3390.
Seminar : Sexual and Reproductive Health	Abortion and gender based violence	◆ Develop an understanding of the magnitude of the issues on abortion, gender based violence and sexual and reproductive health.	Astuti, DA, Hidayat, A, Humaira, RZ, et al 2017. ' Accessibility to media and its relation to stigmatization toward lesbian-gay-bisexual and transgender (LGBT) individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' J Health Res. vol 31, no 4, pp: 263-269. https://doi.org/10.14456/jhr.201733 Budiharsana, M 2019, 'An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019'. Surjadjaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' Health Policy and Planning, vol. 26, no. 5, pp: 373-384.
Seminar : HIV in Indonesia	HIV epidemiology and responses in Indonesia	◆ Develop an understanding of HIV epidemiology, issues and responses in Indonesia	<i>Required:</i> Januraga, P.P., Reekie, J. et al 2018, ' The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext Luis, H., Fridayantara, W.D. et al 2020, ' Evolving ART crisis for people living with HIV in Indonesia'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext Riono, P. Challacombe, S.J. 2020,' HIV in Indonesia and in neighbouring countries and its social impact'. Oral Diseases, Vol. 26. pp 28-33.
Field Visit 3a: Puskesmas (Community Health Centre)	Public Health prevention and promotion activities in puskesmas	◆ Develop an understanding of HIV epidemiology, issues and responses in Indonesia	<i>Required:</i> Januraga, P.P., Reekie, J. et al 2018, ' The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext Luis, H., Fridayantara, W.D. et al 2020, ' Evolving ART crisis for people living with HIV in Indonesia'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext Riono, P. Challacombe, S.J. 2020,' HIV in Indonesia and in neighbouring countries and its social impact'. Oral Diseases, Vol. 26. pp 28-33.

Activity	Topic	Objective/ Learning outcome	Readings
Field Visit 3b: Posyandu (Integrated Healthcare Centre)	Maternal and child health in rural area	<ul style="list-style-type: none"> Develop an understanding of the role of puskesmas in providing health promotion, prevention, and treatment services. 	<p><i>Required:</i> Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' BMC International Health and Human Rights, vol. 10, no. 3 [cited 2018 June 04]. Available from: http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3</p> <p><i>Optional:</i> Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era.' International Journal of Health Planning and Management, vol. 33, no. 2, e586-e596. Available from https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era</p>
Field Visit 4: Kebaya Foundation	LSM Kebaya Field Visit, the impact of the project	<ul style="list-style-type: none"> Connecting with community- the role of civil society in improving inclusion and access to healthcare for marginalised populations 	<p><i>Required:</i> Kurniawan, E 2020, 'The Existence of Yogyakarta Transgender Family (KEBAYA) in The Consolidation of Community Organizations and The Struggle of Civil Rights.' <i>Jurnal Aristo (Social, Politic, Humaniora)</i> Vol. 09, No.2 (2021): Juli, pp. 284 - 304 Social and Political Science Faculty, Universitas Muhammadiyah Ponorogo.</p> <p>Wahyuni T, Prasetyo I, 2022, 'HIV/AIDS Prevention and Control Strategy for Transgender at the Yogyakarta Kebaya Fuondation.' <i>Jurnal Pendidikan Luar Sekolah</i> Vol. 01, No.1 (2022). Available from: https://doi.org/10.24036/kolokium.v10i1.505</p>
Field Visit 5: YAKKUM Rehabilitation Centre	Mental health and disability challenges	<ul style="list-style-type: none"> Develop an understanding of the role of community-based organisations in responding to mental health and disability challenges in rural areas. 	<p><i>Required:</i> Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' <i>Social Science & Medicine</i>, vol. 106, pp: 20-27.</p> <p><i>Optional:</i> Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' <i>International Journal of Mental Health Systems</i>, vol. 2, no. 8. Available from https://doi.org/10.1186/1752-4458-2-8</p>
Field Visit 6: Kali Code Walking Tour	Water and sanitation management and health challenges in a riverside community	<ul style="list-style-type: none"> Develop an understanding of water, environmental and health issues in a riverside community. 	<p><i>Required:</i> Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' <i>Water science and technology: a journal of the International Association on Water Pollution Research</i>, vol. 45, no. 11, pp 71-76.</p> <p><i>Optional:</i> Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' <i>Development and Change</i>, vol. 45, pp. 157-178. doi:10.1111/dech.12075</p> <p>Indraswara, H 2009, 'Water woes.' <i>Inside Indonesia</i> [cited 2018 Jan 10]. Available from: http://www.insideindonesia.org/water-woes?</p> <p>N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya's dwellings and Humanitarian Archieecture; <i>Journal of Architecture and Urbanism</i>, 2018, 42(2): 177-187, Available from: https://doi.org/10.3846/jau.2018.6900</p>

Appendix III: PHST Group Discussions & Presentations

Activity	Topic	Strategies
Small group discussions following Seminar: General Overview of Indonesia's Public Health System	Health systems in Indonesia	Students will be split into groups to discuss the challenges the health system in Indonesia might face in an era of decentralisation, and provide recommendations on how to overcome these challenges.
Small group discussions following Seminar: Mental Health	Community-based Mental Health Services	Students will discuss mental health related issues in the community.
Small group discussions following Seminar: Non-Communicable Diseases	Non-Communicable Diseases in Indonesia: Tobacco Control	Students will be split into groups to discuss the current situation in Indonesia and public health interventions with respect to non-communicable diseases (including discussion of tobacco control programs in Indonesia).
Small group discussions following Seminar: Climate Change Effects on Public Health	Impact of climate change on maternal and child health	Students will discuss climate change issues related to public health especially on maternal and child health.
Small group discussions following Seminar: Sexual and Reproductive Health	Family Planning and Reproductive Health	Students will be split into groups to discuss trends in reproductive health and family planning issues and interventions to overcome it.

Activity	Topic	Strategies
Small group discussions following Seminar: Neglected and Communicable Diseases	Neglected Diseases and DHF and Malaria prevention and response in rural settings	Students will be split into groups to discuss the burden and public health interventions which relate to neglected diseases and trends in DHF and malaria in rural settings in Indonesia and prevention efforts to overcome the health challenges posed by these diseases.
Small group discussions following Seminar: Disaster Management in Indonesia	Disaster Management in Indonesia	Students will be split into groups to discuss Disaster Management in Indonesia.
Small group discussions following Seminar: Nutrition and Food Safety	Nutrition and Food Safety challenges.	Students will be split into groups to discuss the challenges of malnutrition in Indonesia and food safety.
Small group discussions following Seminar Seminar: Abortion, Gender Based Violence and sexual and reproductive health.	Sexual and Reproductive Health	Students will have Q&A sessions to discuss reproductive health challenges in Indonesia.
Small group discussions following Seminar: HIV in Indonesia	HIV epidemiology and responses in Indonesia	Students will discuss the burden and public health interventions which relate to HIV.
Final Student Presentations with Indonesian Students	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will complete a collaborative exercise with undergraduate students from Universitas Indonesia (UI) regarding urban health issues as well as national health issues in Indonesia. The students will form groups and discuss aspects of one of the specific topics covered in these seminars during the tour, for example:</p> <div>Communicable & Non-communicable Diseases Reproductive Health Maternal and Child Health Public Hospital/Community Health Centre</div> <p>Students will give a brief presentation about a specific topic (to be assigned by UI lecturers). Lecturers from UI and the PHST Tour Leader will assess this component of the tour.</p>



Activity	Topic	Strategies
Final student presentations and future recommendations	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will be split into small groups. Each group will need to choose a specific topic related to public health to present on, from the following list:</p> <div><div>Gender-based Health Issues</div><div>DHF Malaria</div><div>Urban Environmental Health</div><div>Sexual and Reproductive Health</div></div> <p>Students will present their findings from their observations in the community and their recommendations for the future. The PHST Tour Leader will assess this component of the tour.</p>

Appendix IV: PHST Reflective Journal

Reflective Journal Instructions

Pre-departure Reflection

- ◆ Describe your current knowledge of Indonesia's key health issues and systems.
- ◆ What would you describe as the key current Public Health issues in Indonesia?
- ◆ What do you hope to learn through the PHST? Please outline your expectations.
- ◆ Please list three academic and three personal goals you hope to achieve through this tour.
- ◆ Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?
- ◆ Do you anticipate any other issues which may arise on the tour (academic or otherwise)? How would you plan to mitigate these issues, should they arise?

Mid-Tour Reflection

- ◆ What key issues have you examined through this week's activities?
- ◆ What are you learning? How does this reflect one (or more) of your required readings?
- ◆ What observations can you make regarding the health challenges facing Indonesia?
- ◆ How do your observations from the first week of the tour compare with your thoughts about Indonesia's health systems before you started the program?
- ◆ Did you face any challenges during the first week of the tour? How did you overcome them?
- ◆ Did you develop any new skills?
- ◆ What was your key learning outcome from the first week of the tour?
- ◆ Any other comments?



Final Reflection

- ◆ What was your most significant learning outcome from this program? Describe the PHST: Did it meet your expectations? Was it different from how you thought it would be?
- ◆ Did you achieve the academic and personal goals you set for yourself?
- ◆ What were the highlights of the tour? How does this reflect one (or more) of your required readings?
- ◆ Did you develop any important skills that you will use in your future?
- ◆ What do you know now about public health issues in Indonesia that you didn't know before? How do you think the social determinants of health relates to these issues?
- ◆ What observations can you make on public health system in Indonesia?
- ◆ What would you describe as issues in health promotion, public health planning, implementation and evaluation in Indonesia
- ◆ Did you face any challenges in cross-cultural communication and cross-cultural teamwork? How did you overcome them?
- ◆ Any other comments/observations?

Reflective Journal Template

Q: Describe your current knowledge of Indonesia's key health issues and systems.

A:

Q: What would you describe as the key current Public Health issues in Indonesia?

A:

Q: What do you hope to learn through the PHST? Please outline your expectations.

A:.....

Q: Please list three academic and three personal goals you hope to achieve through this tour.

A:.....

Q: Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?

A:.....

Q: Do you anticipate any other issues which may arise on the tour (academic or otherwise)?

A:.....

Q: How would you plan to mitigate these issues, should they arise?

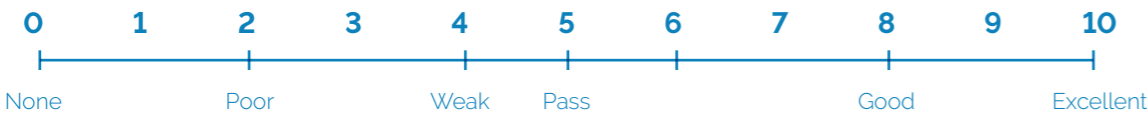
A:.....

Appendix V: Marking Rubrics

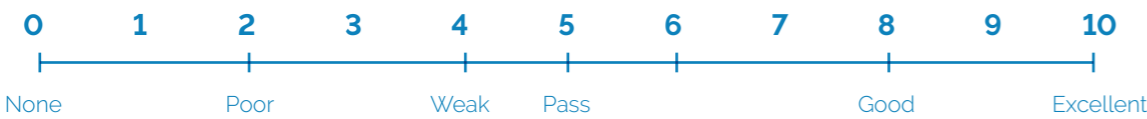
Assesment Item 1 - Seminar Series

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 30% of total program assessment)

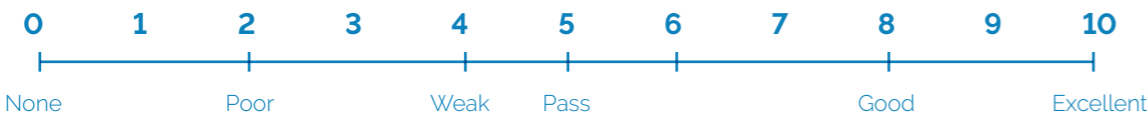
1. **Attendance:** Student consistently attended seminars.



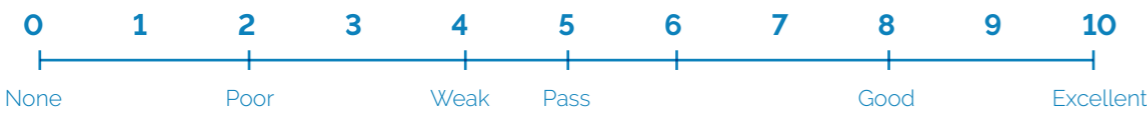
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.



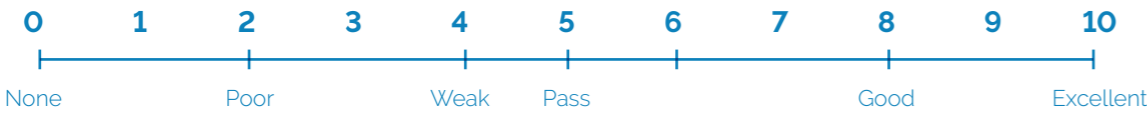
3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set seminar readings and evidence of critical engagement with texts.



4. **Level of Communication Skills:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others within a seminar context.



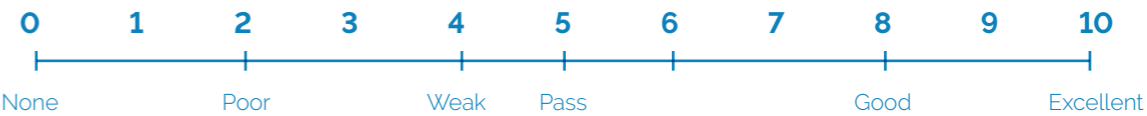
5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply seminar readings to experiences and observations drawn from the program as a whole.



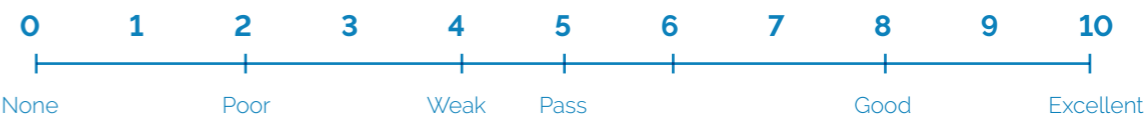
Assesment Item 2 - Field Trips

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

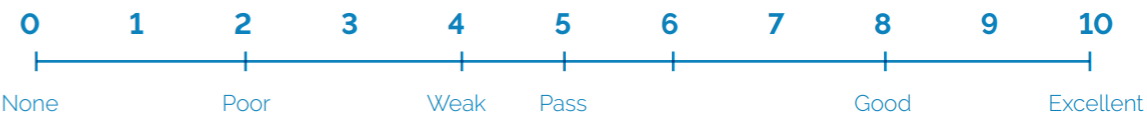
1. **Attendance:** Student consistently attended field trips.



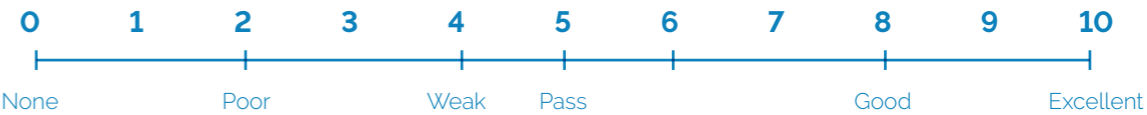
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussions with ideas.



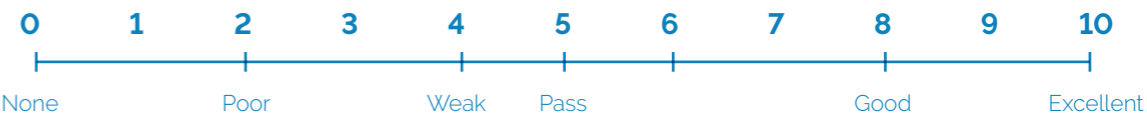
3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set field trip readings and evidence of critical engagement with texts.



4. **Level of Communication:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others.



5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply set readings to experiences and observations drawn from field trips.



Assesment Item 3 - Group Discussion and Presentations

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

1. **Intercultural Skills:** Student demonstrates sound cross-cultural communication skills and cross-cultural teamwork behaviours in the discussions.

012345678910

NonePoorWeakPassGoodExcellent
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.

012345678910

NonePoorWeakPassGoodExcellent
3. **Academic Content:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.

012345678910

NonePoorWeakPassGoodExcellent
4. **Level of Communication Skills:** Student can describe clearly the key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.

012345678910

NonePoorWeakPassGoodExcellent
5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.

012345678910

NonePoorWeakPassGoodExcellent

Assesment Item 4 - PHST Reflective Journal

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 20% of total program assessment)

1. **Reflexive Practice:** Student demonstrates ability to critically analyse and describe this international field experience and its impact on their own learning and development.

012345678910

NonePoorWeakPassGoodExcellent
2. **Integration of Experiences and Learning:** Student demonstrates familiarity with set course readings, evidence of critical engagement with texts and ability to apply these readings in experiences on the tour.

012345678910

NonePoorWeakPassGoodExcellent
3. **Understanding of Key Topics:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.

012345678910

NonePoorWeakPassGoodExcellent
4. **Development of Skills:** Student can identify key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.

012345678910

NonePoorWeakPassGoodExcellent
5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.

012345678910

NonePoorWeakPassGoodExcellent

ACICIS Public Health Study Tour

Indonesian Partner University



Acknowledgements

ACICIS gratefully acknowledges the financial and in-kind support it has received from the Australian Government's 'New Colombo Plan' Mobility Grant Program, which has partially funded the development in the Public Health Study Tour since 2016.

The New Colombo Plan is a signature initiative of the Australian Government which aims to lift knowledge of the Indo-Pacific in Australia by supporting Australian undergraduates to study and undertake professional experiences in the region. For more information on the New Colombo Plan, please visit: www.dfat.gov.au/new-columbo-plan

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