

# Internships

## Apply to UQ Checklist

### Before choosing an experience

#### Research your Internship options

- Review all information on the [Internships](#) website
- Attend a Global Experiences [information session](#)

#### Check your eligibility

- Review all [eligibility criteria](#)

#### Consider your motivations

- What is important to you? Personally? Academically? Professionally? What do you want to get out of the experience? How long do you want to go for?

#### Consider your budget

- Check out the [funding](#) available
- Research the cost of undertaking the experiences in your preferred destination
  - Internship Provider fees and costs
  - Accommodation
  - Airfare, etc in your preferred host country
  - Visa or other entry requirements, Travel to Consulate/Embassy
  - Passport renewal
  - Insurance
  - Any additional mandatory fees at the host university, such as: health insurance, student activity fees, etc.
- Other

### Choosing an experience

#### Research the supported experience options

- Check the [Find an Internship Opportunity](#) webpage
- Be aware if credit is required and the processes required for faculty to approve credit for internships.
- Join the [UQ Global Explorers](#) Facebook group and connect with prospective, current, and returned global experiences students.
- Read student testimonials on the experience webpage (if available)

#### If travelling, Research Travel & Insurance Considerations

- Research and understand the relevant destination information for your departure country, destination country and all transit countries, including travel restriction, security, public health measures and quarantine requirements. Suggested sources for travel research are: the [International](#)

[SOS Trip Planner](#) and [Smartraveller](#) website.

- For departure from/return to Australia restrictions/considerations please refer to the [Australian Department of Home Affairs](#). It is recommended this information be reviewed during the planning stages of your travel and also prior to country departure/entry. Travel restrictions, quarantine mandates and other requirements to depart and enter countries can change with little to no notice.
- Familiarize yourself with the [travel](#) and [insurance](#) information on the UQ Travel and UQ Insurance Services websites and ensure you understand the conditions, exclusions and limitations the travel insurance cover is subjected to.
- Make sure you have a current passport that is valid for at least six months after your return date.
- Make sure you understand which visa you need to obtain and what documentation is necessary for residency permit/study requirements.

### Apply Online

**If you wish to gain credit for your internship, please speak directly to your Faculty**

- Please note that if you wish to gain credit towards your UQ degree following completion of an internship, you will need to speak directly to your faculty as IGET does not assist with this

**Submit your application to UQ**

[Submit your application online](#) by appropriate deadlines:

- by 21 April for Winter experiences
- by 31 August for Summer experiences