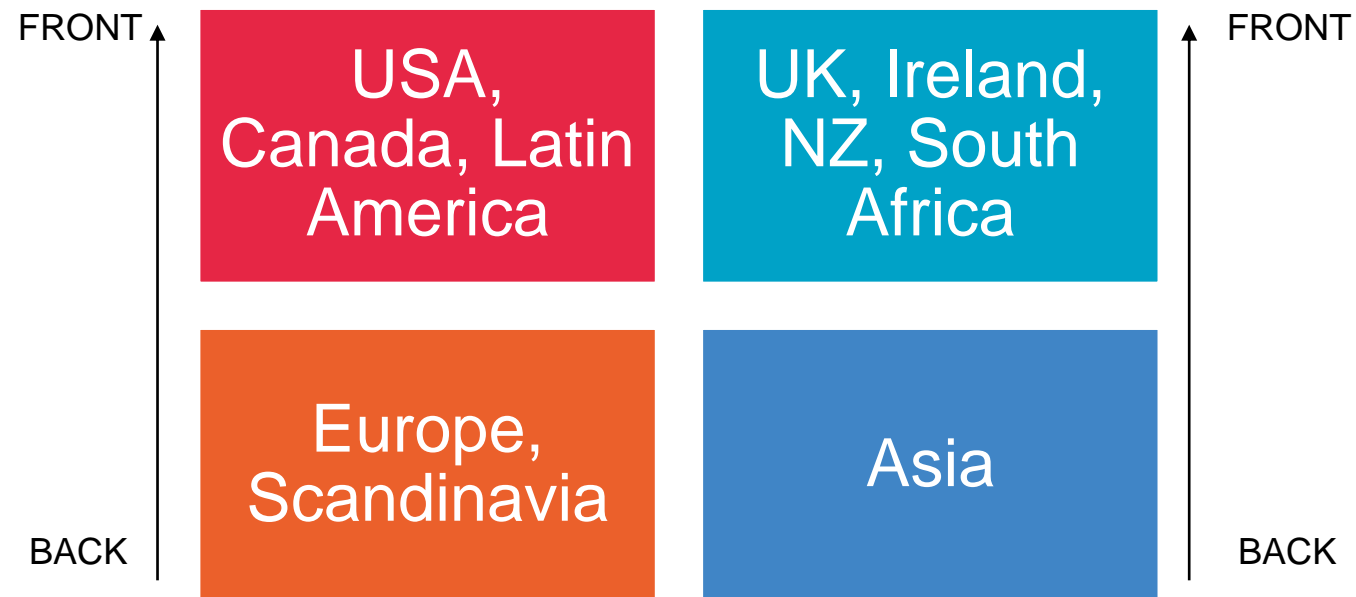


Please sit according to region



Please check-in at <http://bit.ly/uqabroadevent>



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

CREATE CHANGE

Global Experiences: Student Exchange Program

Pre-departure October 2019



Acknowledgement of Country

The University of Queensland acknowledges the Traditional Owners, the Jagera and Turrbal peoples, and their custodianship of the lands on which we meet today.

We pay our respects to their Ancestors and their descendants.

The Global Experiences Team

Jan McCreary, Manager

Caroline Thompson, Team Leader

- Belgium, France, Switzerland, Turkey

Weiya Huang, Global Experiences Adviser

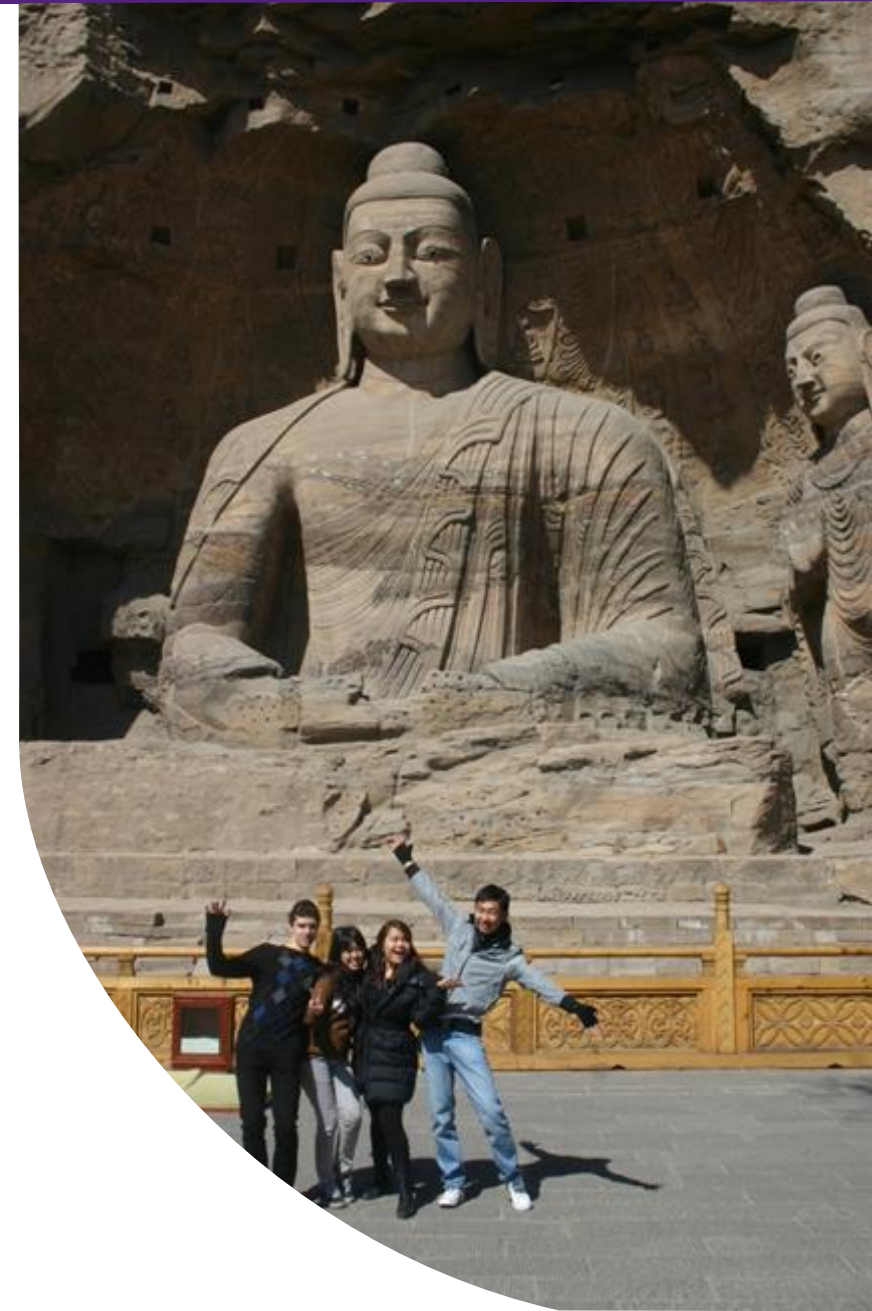
- Asia

Clare Scoble, Global Experiences Adviser

- USA, Canada, Latin America, Scandinavia, South Africa, New Zealand, Ireland

Elisha Sullivan, Global Experiences Adviser

- UK, Europe



Overview

UQ Insurance and International SOS

- Jan McCreary, Manager, Global Experiences Team

Preparing To Go – top tips

- Returned exchange students

Culture Shock and Mental Health

- Caroline Thompson, Global Experiences Team

Logistics for exchange

- Caroline Thompson, Global Experiences Team

Travel and Health

Dr Rosy Dobrijevic, Clinical Director, UQ Healthcare

Staying Connected

- Returned exchange students

Exchange & Employability

- Caroline Thompson, Global Experiences Team

Wrap-up & Farewell

UQ Abroad Student Exchange Pre-departure | October 2018



Student Exchange Statistics

271 students commencing exchange in Semester 1, 2020:

- Europe & Scandinavia = 42%
- USA & Canada = 18%
- UK & Ireland = 24%
- Asia = 14%
- Latin America = 4 students
- NZ = 1 student
- South Africa = 1 student





UQ Corporate Insurance Policy and ISOS

Jan McCreary

Manager, Global Experiences Team



Top Tips for Exchange

Returned Exchange Students

Shi and Rachel

PREPARING TO GO

Packing

- Student Visa Documents
- Acceptance Letters (UQ and Host Uni)
- Proof of Funds/Accommodation
- Current Official Transcript
- Travel Itinerary
- Electronics and chargers
- Copies – Email & Leave at home



PREPARING TO GO.....

Travel and Money

- **Centrelink**
 - Confirm eligibility for payments and present them with a letter from Global Experiences
- **Prepare for arrival**
 - Transport from airport
 - Accommodation
- **Booking flights**
 - Global Experiences recommends wait until accepted & visa secured
 - Flights paid for before acceptance and visa at your own risk
- **Money**
 - Cash can be unsafe to carry
 - Notify your bank
 - Travel money cards
 - Multiple sources of funds!



ON ARRIVAL

- Attend Orientation
- Accommodation – record state of room/cleanliness upon arrival
- Update overseas address in My SI-Net
- Any issues – contact host university and/or Global Experiences
- Check your UQ email address
- Make the most of your exchange
 - Student associations
 - Volunteering
 - Research
 - Internships
 - Leadership events





Culture Shock & Mental Health

Caroline Thompson

Global Experiences Team



Exchange: How to own it

Caroline Thompson

Global Experiences Team

How to own your exchange

Be Informed

- On-line pre-departure guide and checklist
- Acceptance Letters & Student Visa
- Funding
- UQ Enrolment

Be informed

Be Prepared

- Academic Differences at Host University

Be Prepared

Be Proud

- Representing UQ

Be Proud

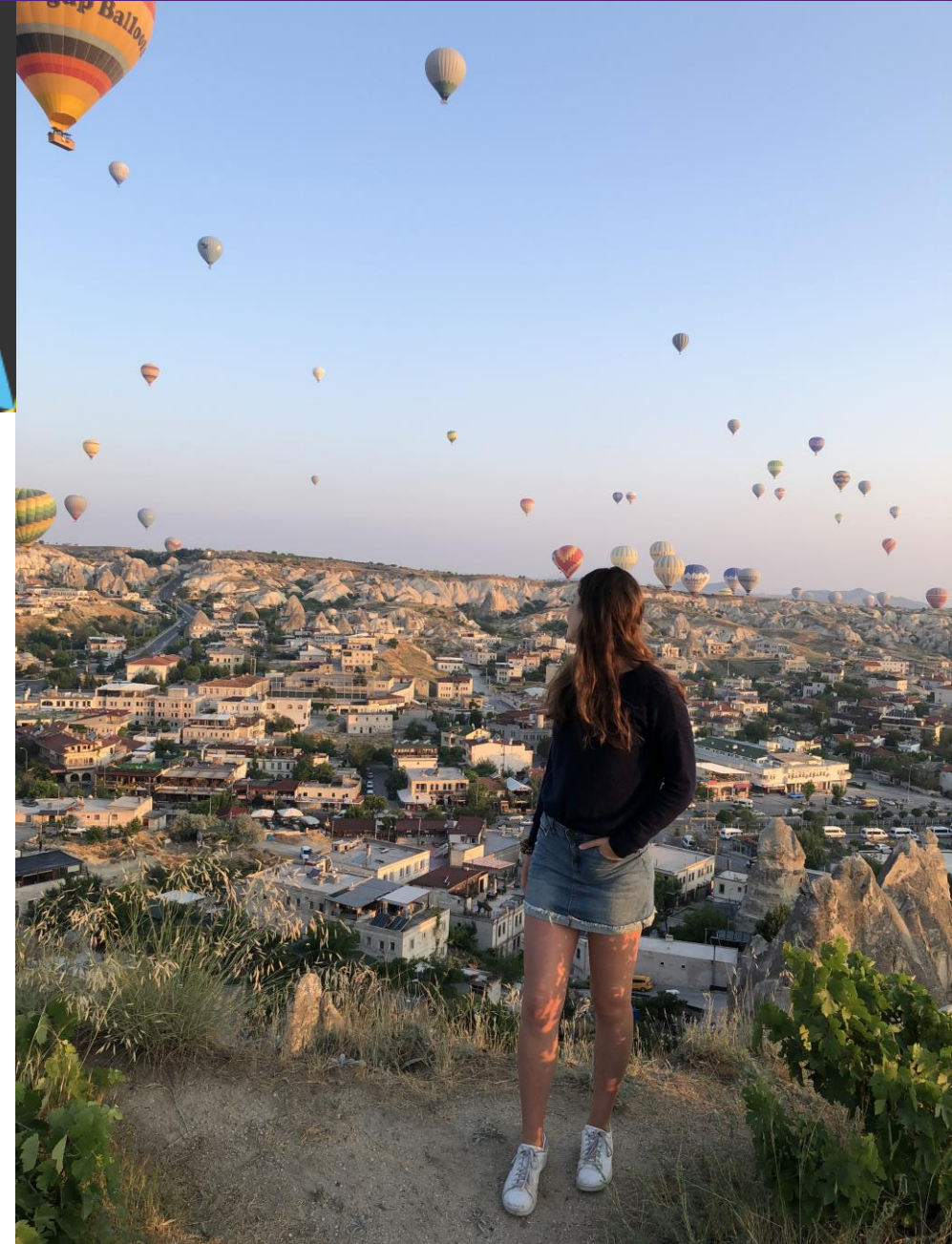
Be On Top Of It

- Courses and Enrolment
- Study Load Per Semester
- Grades and GPA

Be On Top Of It

Be informed...

- On-line pre-departure guide and checklist
- Acceptance Letters & Student Visa – don't panic
- UQ Enrolment
 - Automatically enrolled in 4 x EXCH codes in SI-net (by 30 November, 2019)
 - Check enrolment before census date (31 March, 2019)



Be informed...Funding

To receive funding, students must:

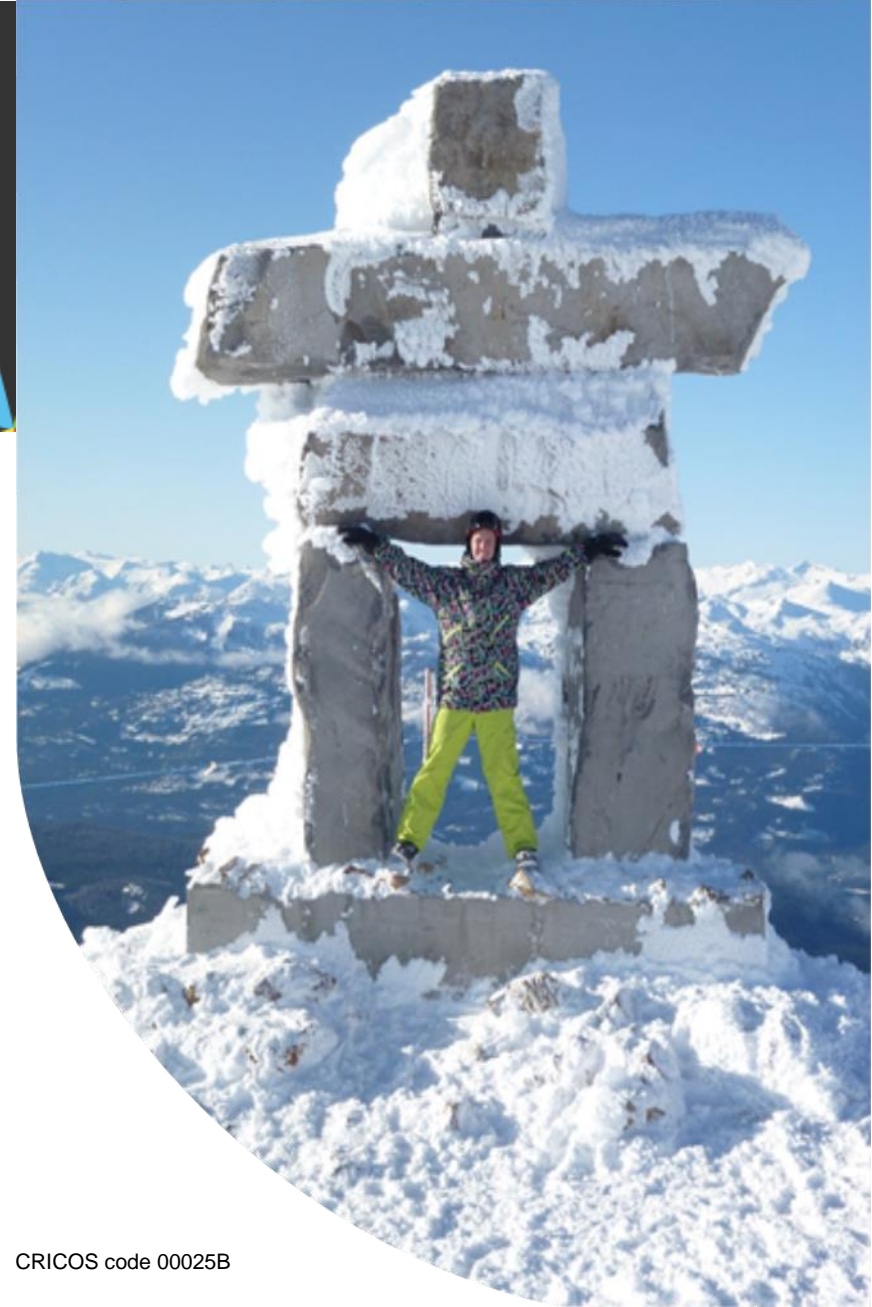
1. submit host uni acceptance to Global Experiences
2. have an approved study plan
3. provide bank account details
4. complete ISOS

UQ Finance closes in early December. Payment may not be possible until early 2020.

Scholarships

- Student exchange scholarships and Travel grants paid after census (March 31, 2019)

Centrelink - letter from Global Experiences



Be prepared....Academic differences at Host University

- Smaller Classes
- No recordings
- Attendance taken
 - May be part of final grade
 - Missing 2-3 classes may result in fail
- No grading criteria provided
- No course syllabus provided until first class
- Different assessment
 - Continuous assessment
 - 100% final exams
 - Oral exams
- Different study load



Speak to lecturers/professors/Global Experiences Team if you are struggling

Be on top of it....Courses and Enrolment

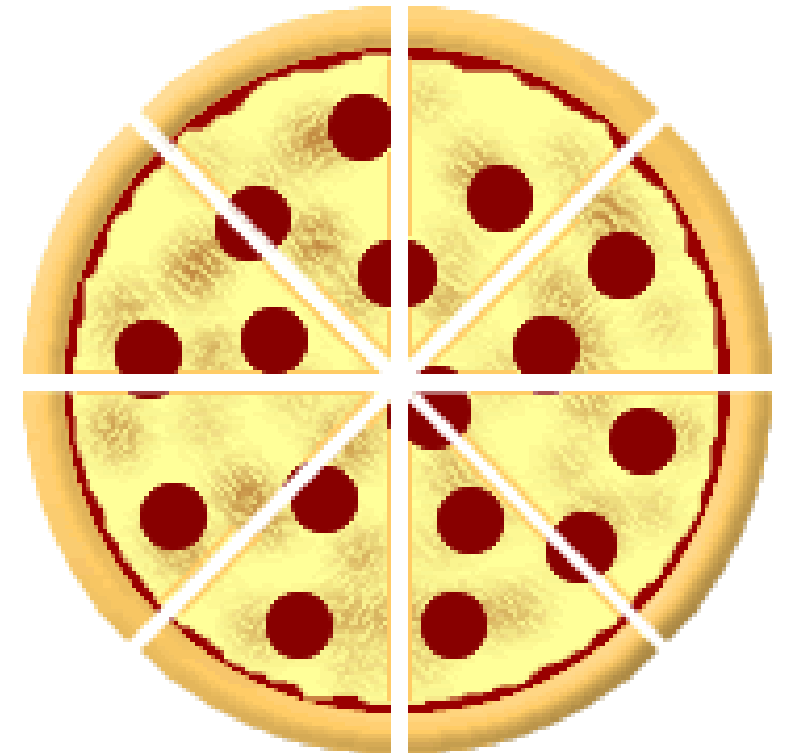
- Full time load determined by UQ **NOT** host university
 - Eg. Visa requirements vs. UQ Full-time equivalent
- Know your full time study load equivalent!
 - UQ's Student Exchange website
 - Faculty Study Plan Approval letter
- Can't get into approved courses at host?
 - Choose new courses
 - Send new study plan and course profiles to your faculty
 - Keep syllabus & assessment
 - Keep all communication with UQ



Be on top of it....Study Load Per Semester

Equivalent Standard Full Time Load

UQ	8 units = 4 courses
USA & Canada	15 credits = 5 courses
UK	60 credits = 3–6 courses
Europe	30 ECTS = 2– 10 courses
Asia	Varies (4-9 courses)



Be on top of it...Study Load Per Semester

- Taking **LESS** than full time load
 - #6 UQ Units (equivalent to 75% full time load)
 - Final semester – only #6 units left
 - Prior approval for reduced study load required
 - To seek approval, contact Global Experiences during the host university add/drop period
 - Charged for 8 units until permission is granted
- Taking **MORE** than full time load
 - Not allowed
 - Exception – B. International Studies (#9)



Be on top of it....Grades and GPA

Grades from exchange will not affect your UQ GPA

BUT . . .

- Your transcript from exchange is part of your academic record

SO . . .

- Grades MAY Count towards:

- Honours
- University Medal
- Graduate/Medical School
- Job applications

- Withdrawing from courses at host

- Your responsibility to confirm any penalty for withdrawal



Be Proud....Representing UQ

- Exchange is a **privilege** not a right
- You are a UQ student and representative
- **MUST** abide by **UQ Student Charter** and other relevant student policies in ALL communications
- Respect host university regulations, policies, academic processes, students, etc. and must abide by the laws of the country you are going to (eg, alcohol consumption)
- Your behaviour can affect the exchange relationship



Be Proud....Representing UQ

- Help build the Student Exchange program
- Attend events at your host university
 - Student exchange or Study Abroad Fairs
 - Australia Information Sessions
- Raise the profile of UQ (and Brisbane) at your host university



Altering your time on exchange

Coming home early

- Exchange is not for everyone
 - **Get help early**
- Circumstances can change
- Notify UQ Abroad **AND** your host university

Extending your exchange

- Not Possible
- Must apply again (Extended deadline)

Extended exchange deadline

Want to apply for a 2nd semester of exchange?

or.....

Know someone who missed out on the exchange deadline for semester 2, 2020?

- Extended deadline – opening 2 December and closing 29 February, 2020
- Reduced number of host universities
- But still over 300 spots available!





Travel and Health on exchange

Dr Rosy Dobrijevic

Clinical Director, UQ Healthcare



Staying Connected

Returned exchange students

Devika and Han



Exchange and Employability

Caroline Thompson

Global Experiences Team

Employability @ UQ

Employability is not *getting* a job, it's *being able to do a job*

Your degree alone is not enough. To be employable, you need **discipline knowledge AND personal attributes**

Personal attributes guide workplace performance – they allow you to put into practice what you know.

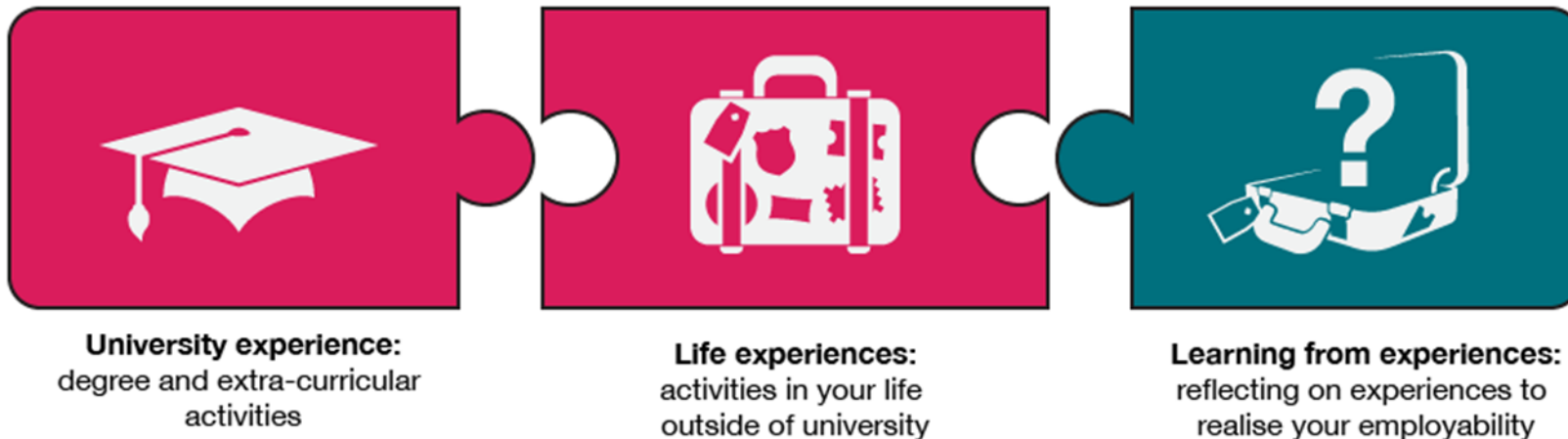
Employability is about the development of the capabilities and mindsets needed to navigate the complexities of the workplace, now and in the future.



Developing employability

Employers are not convinced that the skills and attributes that they are looking for can be taught in a classroom.

Your exchange experience is a fantastic opportunity for you to develop the skills and attributes employers are looking for.



It can also provide you with rich examples for addressing job selection criteria which demonstrates your potential to an employer.

= EMPLOYABILITY DEVELOPMENT

Learning from your exchange experience

To make the most out of your exchange, take a little time before you go to think about:

- Why you want to study overseas?
- What you would like to get out of your exchange (beyond study)?

It also helps to reflect on your experiences during your time abroad, and the pre-departure guide has some suggestions on how to do this while you are away.

AND when you get back you will have an opportunity to attend the Unpacking your Global Experience seminar.



Hints for employability development abroad

- Make local friends
- Join a student club or society
- Travel a bit (if you can)
- Volunteer
- Immerse yourself in the culture
- Push yourself outside your comfort zone
- Keep a journal
- Make networks



Questions?





Have a fabulous exchange!